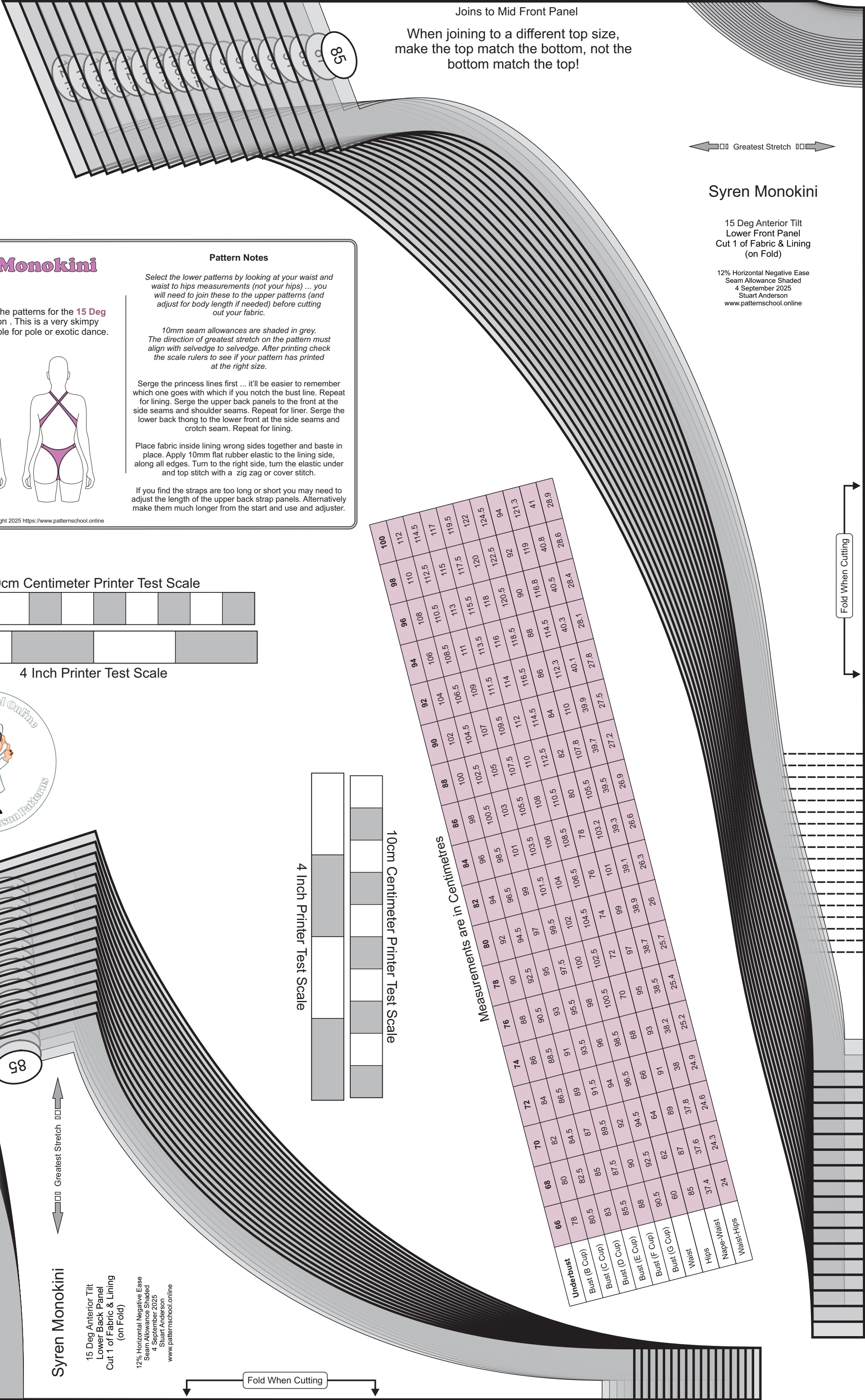




Joins to Mid Front Panel

When joining to a different top size, make the top match the bottom, not the bottom match the top!

← Greatest Stretch →

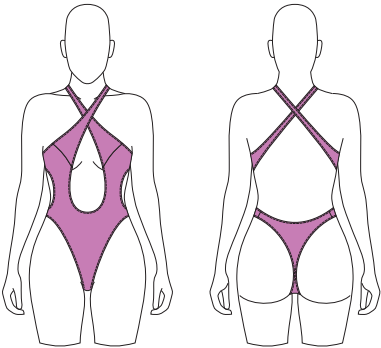
Syren Monokini

15 Deg Anterior Tilt
Lower Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Syren Monokini

This page contains the patterns for the **15 Deg Anterior Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



Author: Stuart Anderson © Copyright 2025 <https://www.patternschool.online>

Pattern Notes

Select the lower patterns by looking at your waist and waist to hips measurements (not your hips) ... you will need to join these to the upper patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

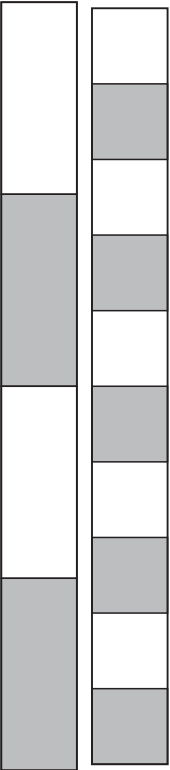
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5
Bust (C Cup)	83	85	87.5	90	92	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5
Bust (D Cup)	85.5	88	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Waist	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Hips	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Nape-Waist	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9

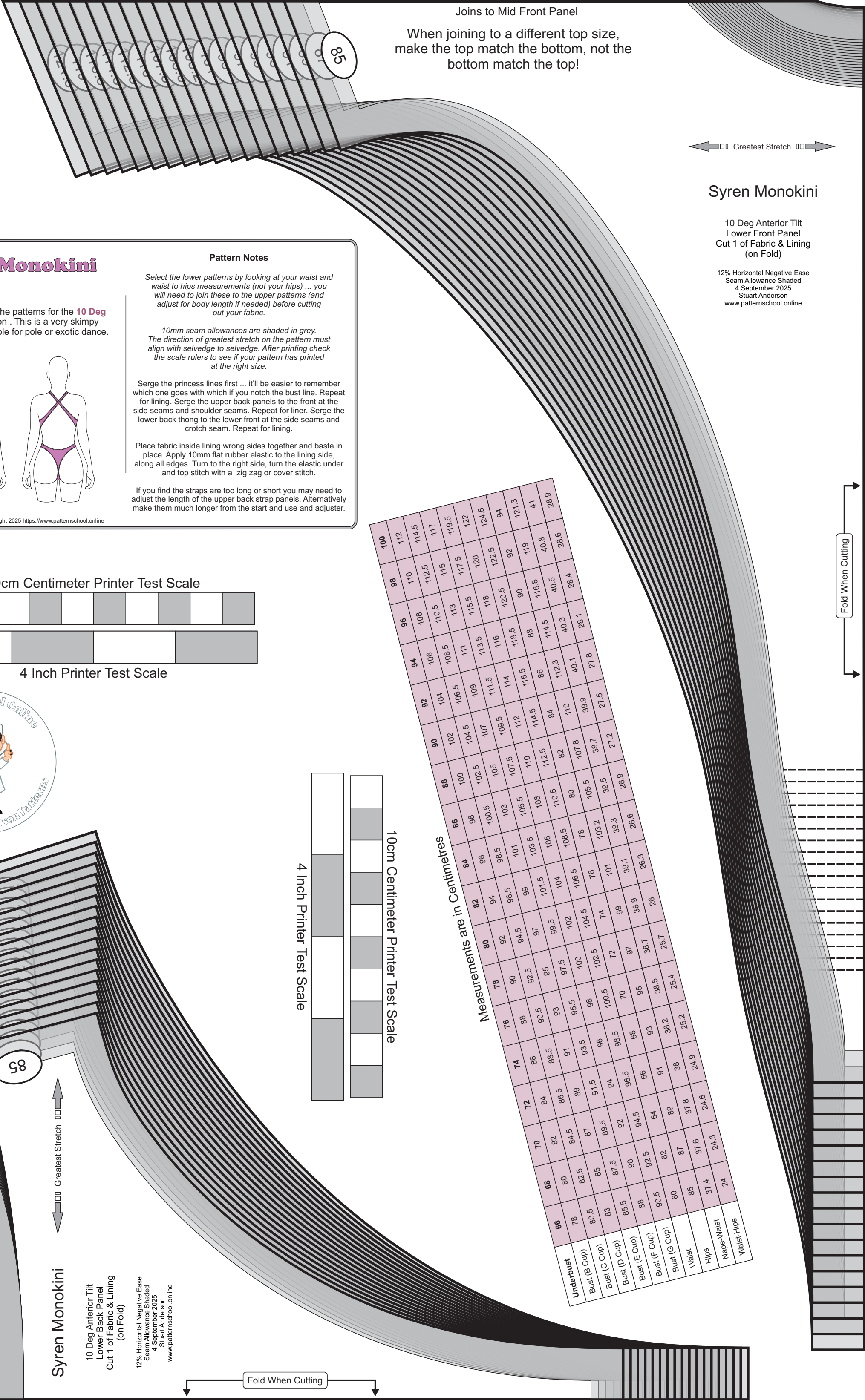
Fold When Cutting

Syren Monokini

15 Deg Anterior Tilt
Lower Back Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Fold When Cutting



Joins to Mid Front Panel

When joining to a different top size, make the top match the bottom, not the bottom match the top!

← Greatest Stretch →

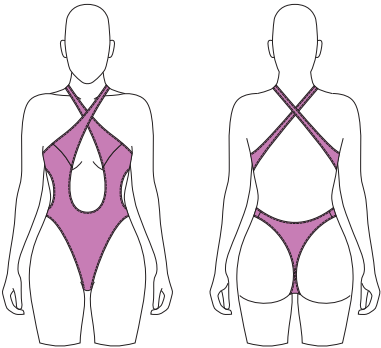
Syren Monokini

10 Deg Anterior Tilt
Lower Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Syren Monokini

This page contains the patterns for the **10 Deg Anterior Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



Author: Stuart Anderson © Copyright 2025 <https://www.patternschool.online>

Pattern Notes

Select the lower patterns by looking at your waist and waist to hips measurements (not your hips) ... you will need to join these to the upper patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

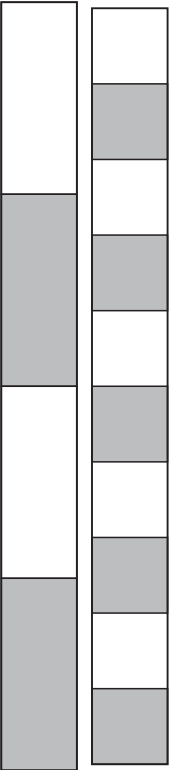
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5
Bust (C Cup)	83	85	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5
Bust (D Cup)	85.5	87.5	89.5	92	94	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90	92.5	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96	98	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	93	95	97	99	101	103.2	105.2	107.2	109.2	111.2	113.2	115.2	117.2	119.2	121.2	123.2	125.2	127.2
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.1	105.1	107.1	109.1	111.1	113.1	115.1	117.1	119.1
Nape-Waist	37.4	37.6	37.8	38	38.2	38.4	38.6	38.8	39	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9

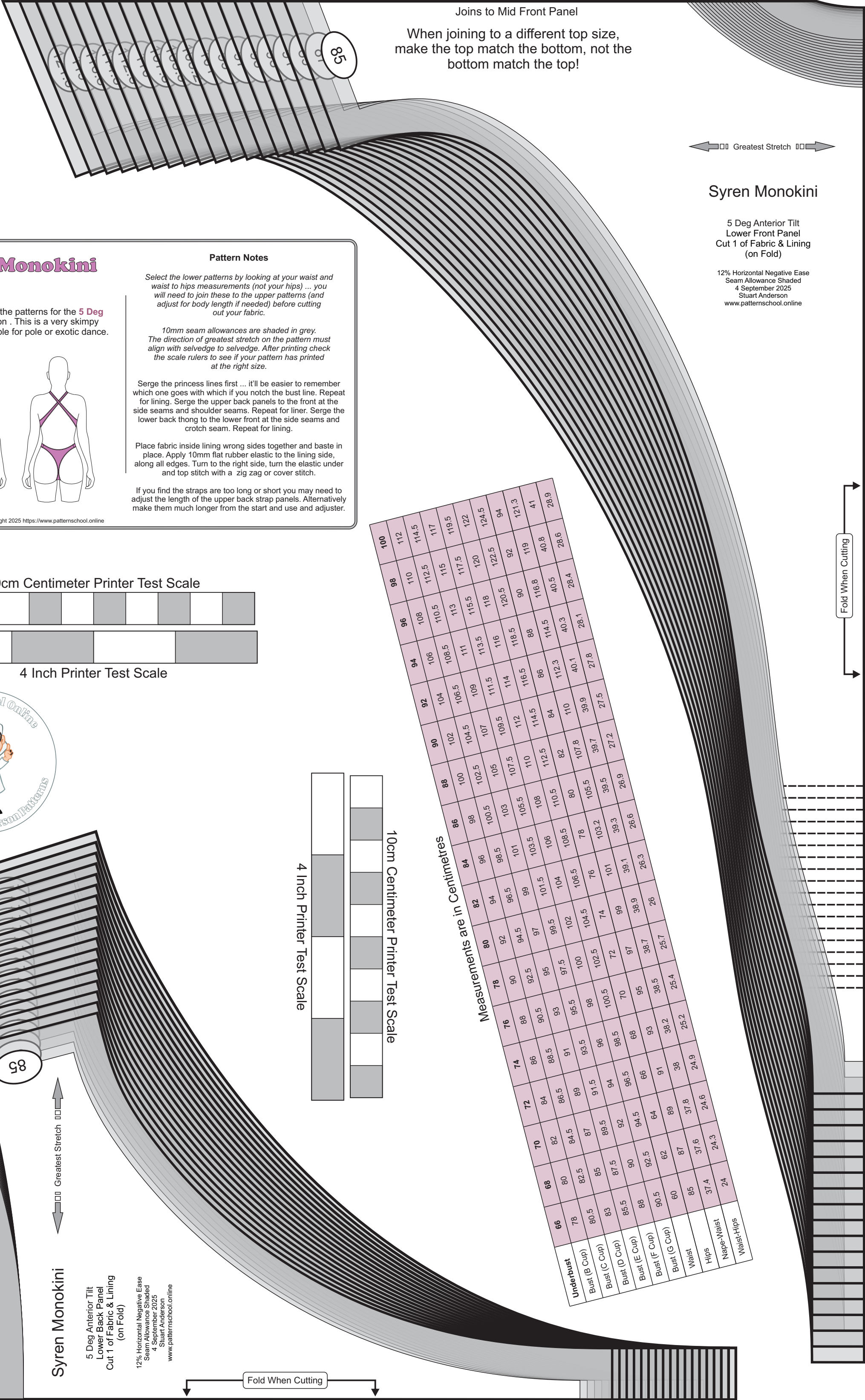
Fold When Cutting

Syren Monokini

10 Deg Anterior Tilt
Lower Back Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Fold When Cutting



Joins to Mid Front Panel

When joining to a different top size, make the top match the bottom, not the bottom match the top!

← Greatest Stretch →

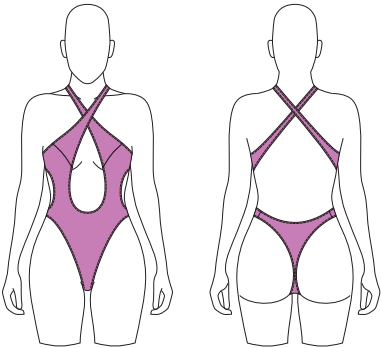
Syren Monokini

5 Deg Anterior Tilt
Lower Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Syren Monokini

This page contains the patterns for the **5 Deg Anterior Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

Select the lower patterns by looking at your waist and waist to hips measurements (not your hips) ... you will need to join these to the upper patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

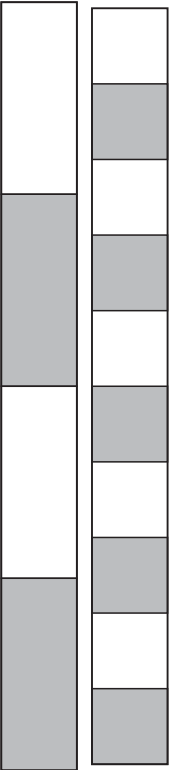
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5
Bust (C Cup)	83	85	87.5	89.5	92	94.5	96	98.5	100.5	103	105.5	108	110.5	112.5	114.5	116.5	118.5	120.5
Bust (D Cup)	85.5	87.5	90	92	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Waist	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Hips	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Nape-Waist	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9

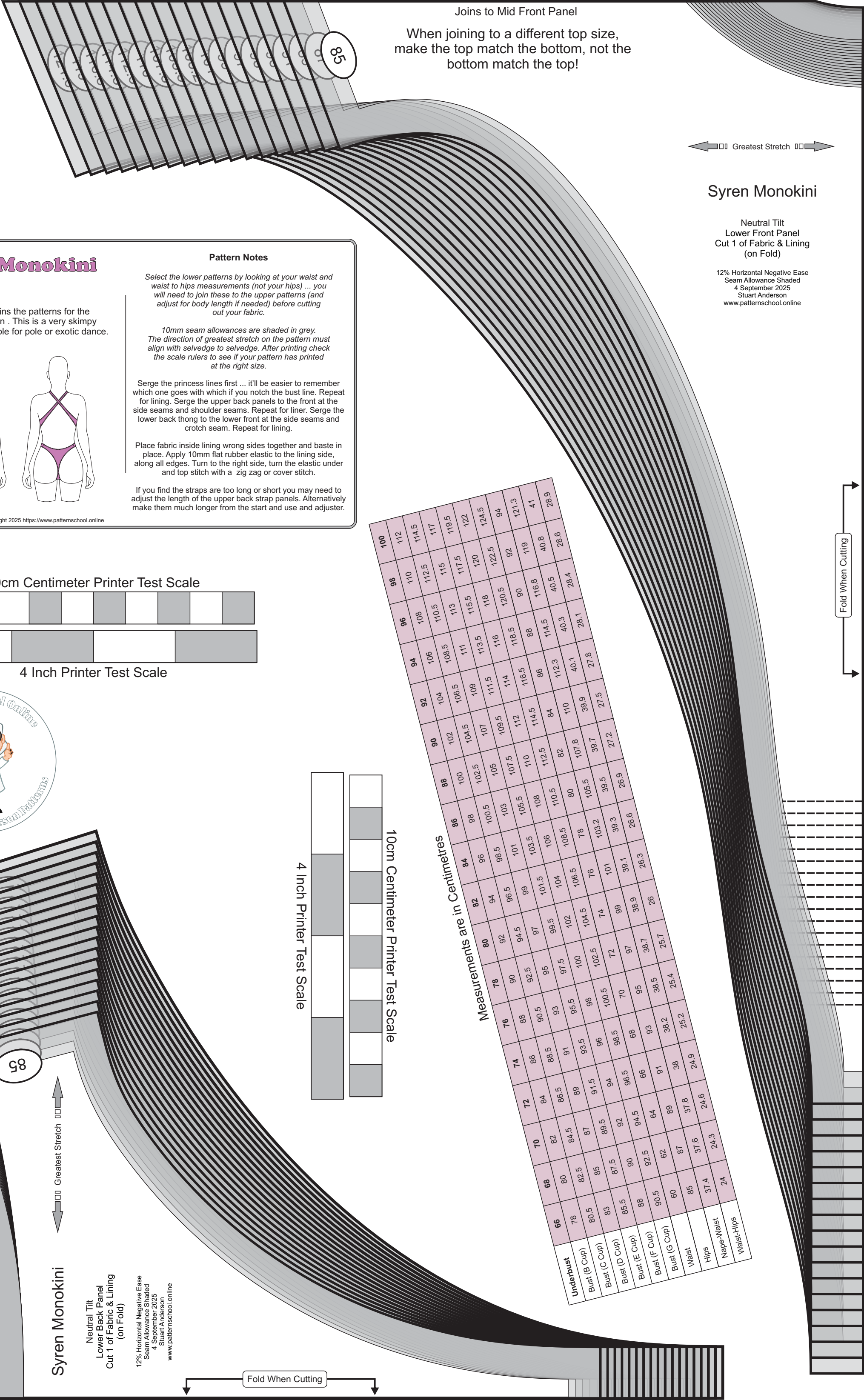
Fold When Cutting

Syren Monokini

5 Deg Anterior Tilt
Lower Back Panel
Cut 1 of Fabric & Lining
(on Fold)

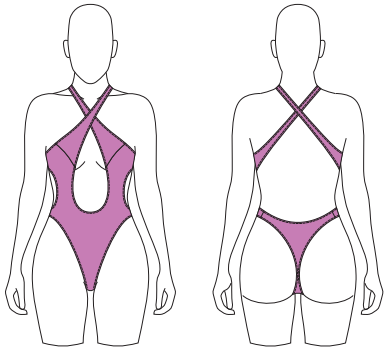
12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Fold When Cutting



Syren Monokini

This page contains the patterns for the **Neutral Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

Select the lower patterns by looking at your waist and waist to hips measurements (not your hips) ... you will need to join these to the upper patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

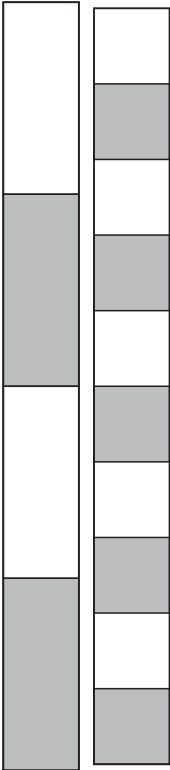
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



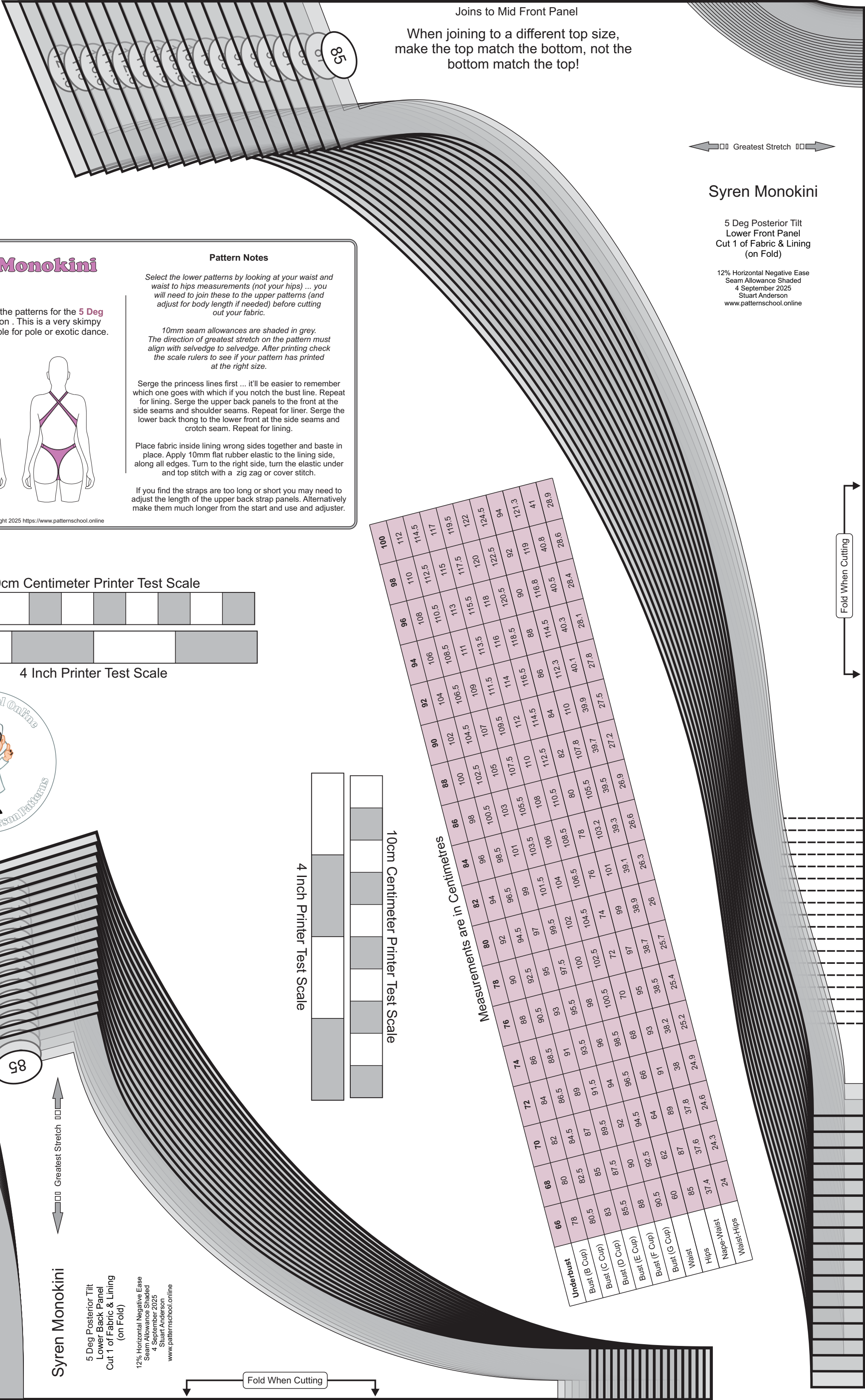
4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5
Bust (C Cup)	83	85	87.5	90	92	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5
Bust (D Cup)	85.5	88	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3	123.6	125.9	128.2	130.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.1	105.2	107.3	109.4	111.5	113.6	115.7	117.8	119.9
Nape-Waist	37.4	37.6	37.8	38	38.2	38.4	38.6	38.8	39	39.2	39.4	39.6	39.8	40	40.2	40.4	40.6	40.8
Waist-Hips	24	24.3	24.6	24.9	25.2	25.5	25.8	26.1	26.4	26.7	27	27.3	27.6	27.9	28.2	28.5	28.8	29.1



Joins to Mid Front Panel

When joining to a different top size, make the top match the bottom, not the bottom match the top!

← Greatest Stretch →

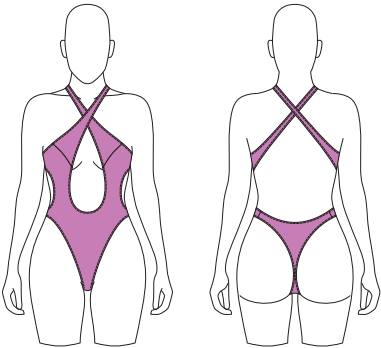
Syren Monokini

5 Deg Posterior Tilt
Lower Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Syren Monokini

This page contains the patterns for the **5 Deg Posterior Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



Pattern Notes

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10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

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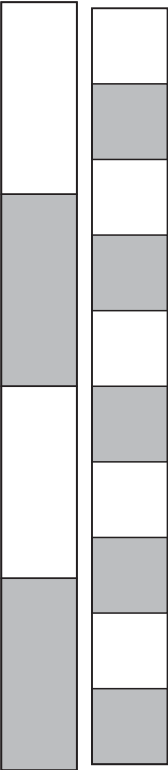
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5
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Bust (D Cup)	85.5	88	90	92.5	94	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90.5	92.5	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3	123.6	125.9	128.2	130.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.1	105.3	107.5	109.7	111.9	114.1	116.3	118.5	120.7
Nape-Waist	37.4	37.6	37.8	38	38.2	38.4	38.6	38.8	39	39.2	39.4	39.6	39.8	40	40.2	40.4	40.6	40.8
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.7	29

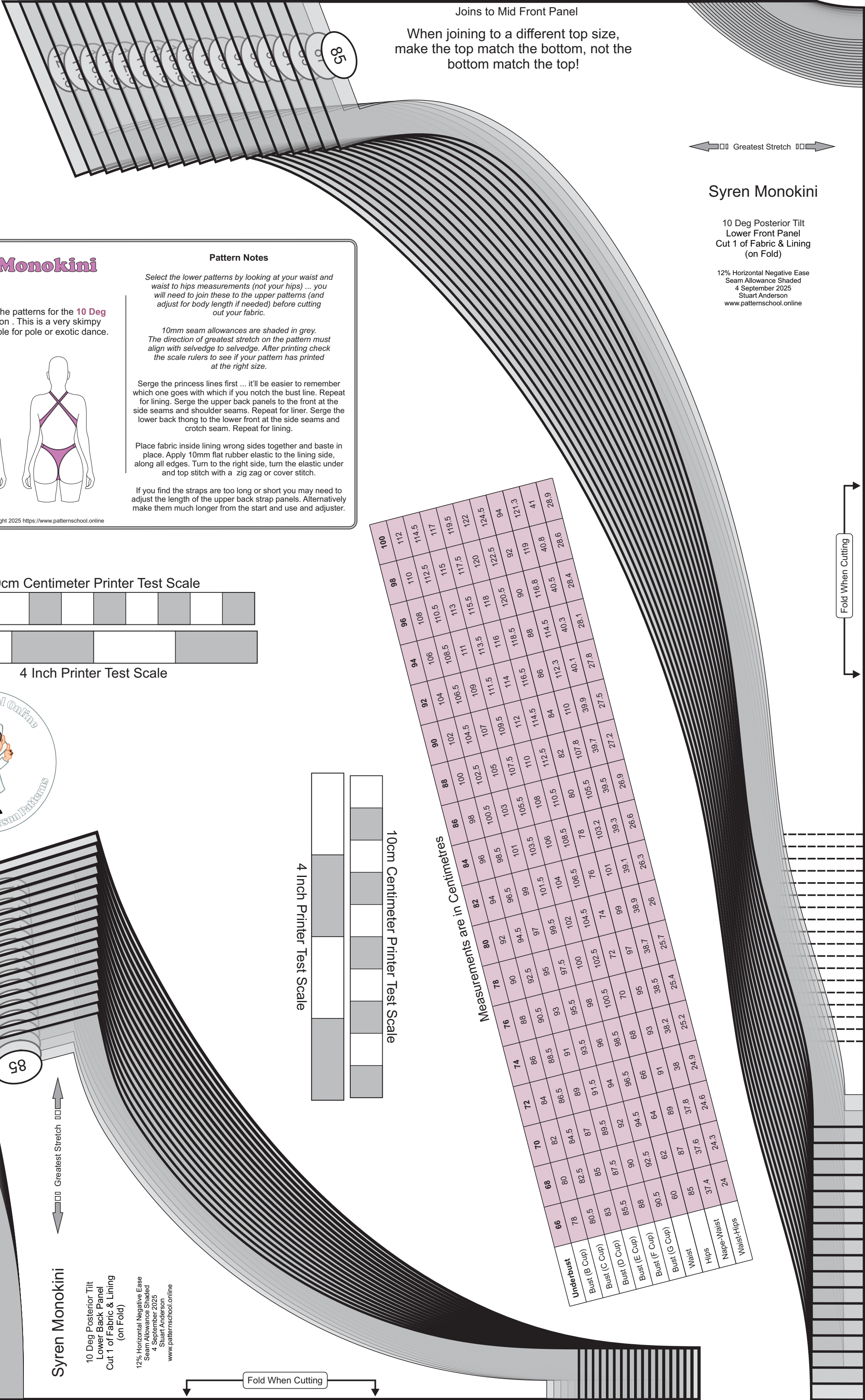
Fold When Cutting

Syren Monokini

5 Deg Posterior Tilt
Lower Back Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Fold When Cutting



Joins to Mid Front Panel

When joining to a different top size, make the top match the bottom, not the bottom match the top!

← Greatest Stretch →

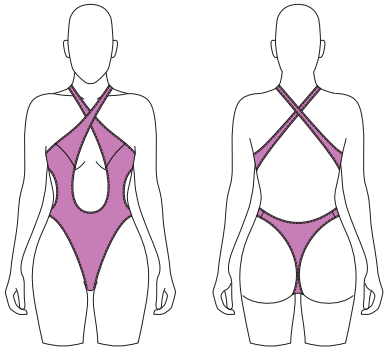
Syren Monokini

10 Deg Posterior Tilt
Lower Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Syren Monokini

This page contains the patterns for the **10 Deg Posterior Tilt** option . This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

Select the lower patterns by looking at your waist and waist to hips measurements (not your hips) ... you will need to join these to the upper patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

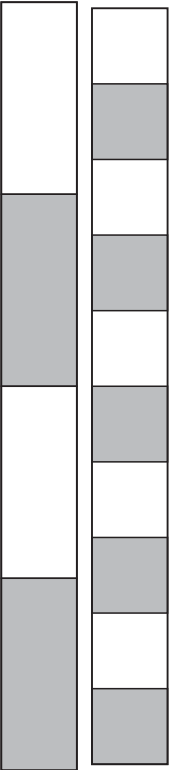
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale



4 Inch Printer Test Scale



10cm Centimeter Printer Test Scale

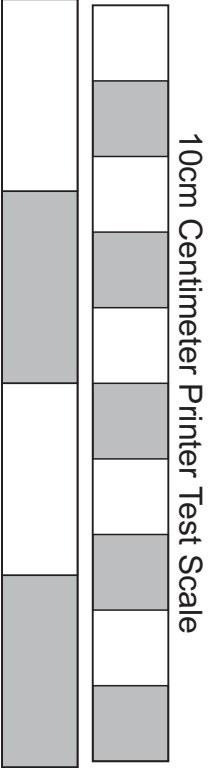
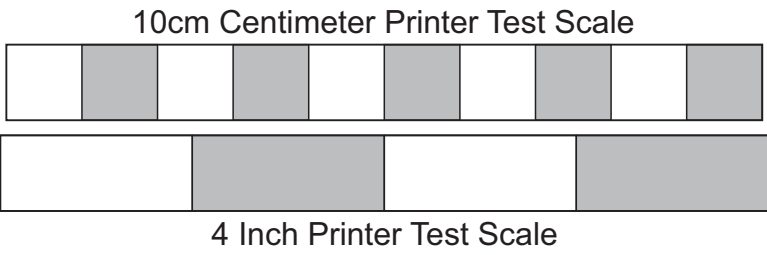
Measurements are in Centimetres

	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Underbust	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (B Cup)	80.5	82.5	84.5	87	89	91.5	93.5	95	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (C Cup)	83	85	87.5	89.5	91.5	93.5	95	97	99	101	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5
Bust (D Cup)	85.5	87.5	90	92	94	96	98.5	100.5	102	104	106	108.5	110.5	112.5	114.5	116.5	118.5	120.5
Bust (E Cup)	88	90	92.5	94.5	96	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5
Bust (F Cup)	90.5	92.5	94.5	96	98	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Bust (G Cup)	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3	123.6	125.9	128.2	130.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.1	105.2	107.3	109.4	111.5	113.6	115.7	117.8	119.9
Nape-Waist	37.4	37.6	37.8	38	38.2	38.4	38.6	38.8	39	39.2	39.4	39.6	39.8	40	40.2	40.4	40.6	40.8
Waist-Hips	24	24.3	24.6	24.9	25.2	25.5	25.8	26.1	26.4	26.7	27	27.3	27.6	27.9	28.2	28.5	28.8	29.1

Fold When Cutting

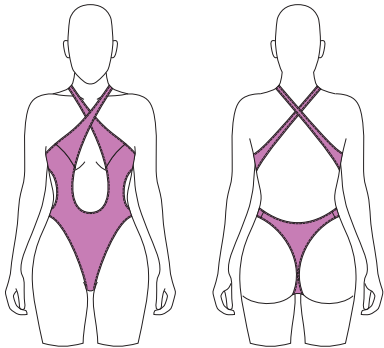
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **A Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

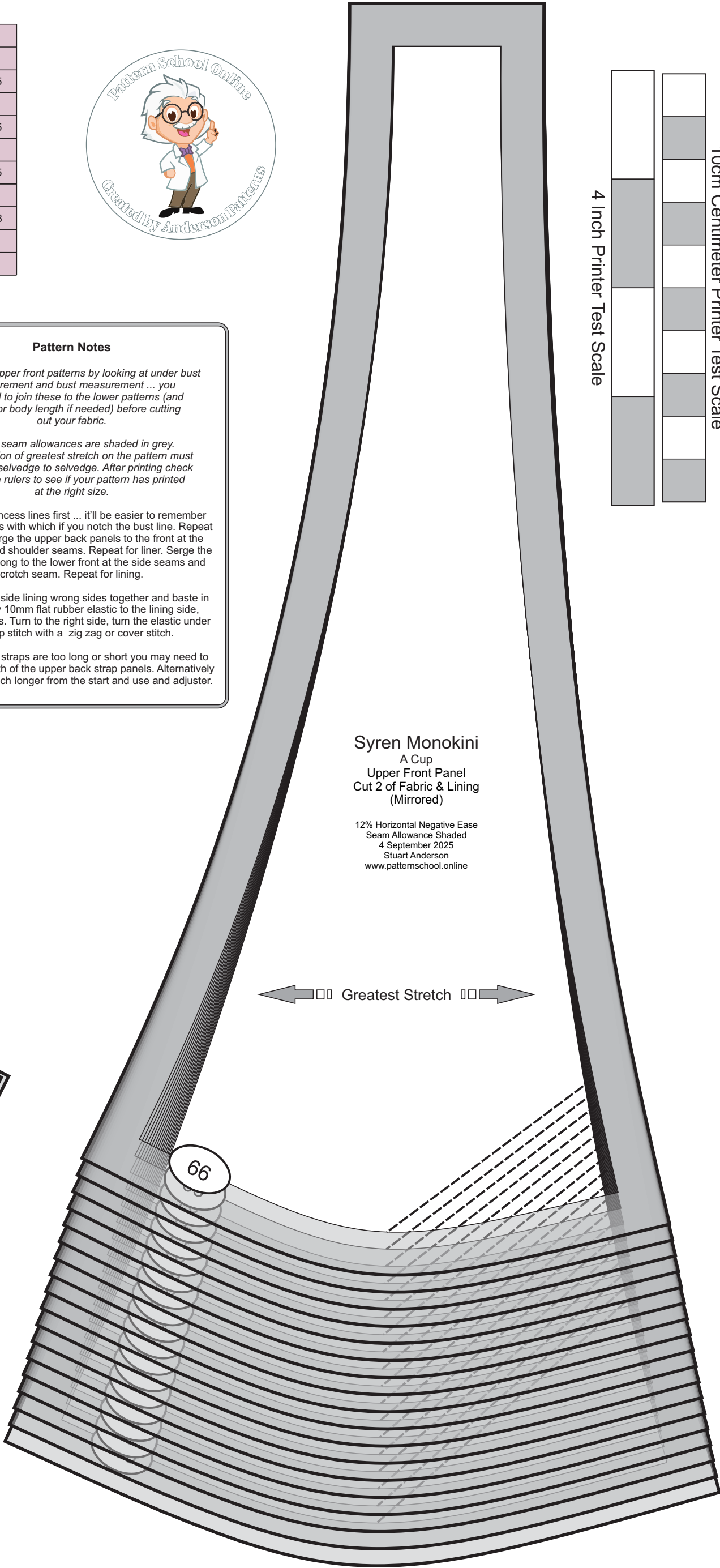
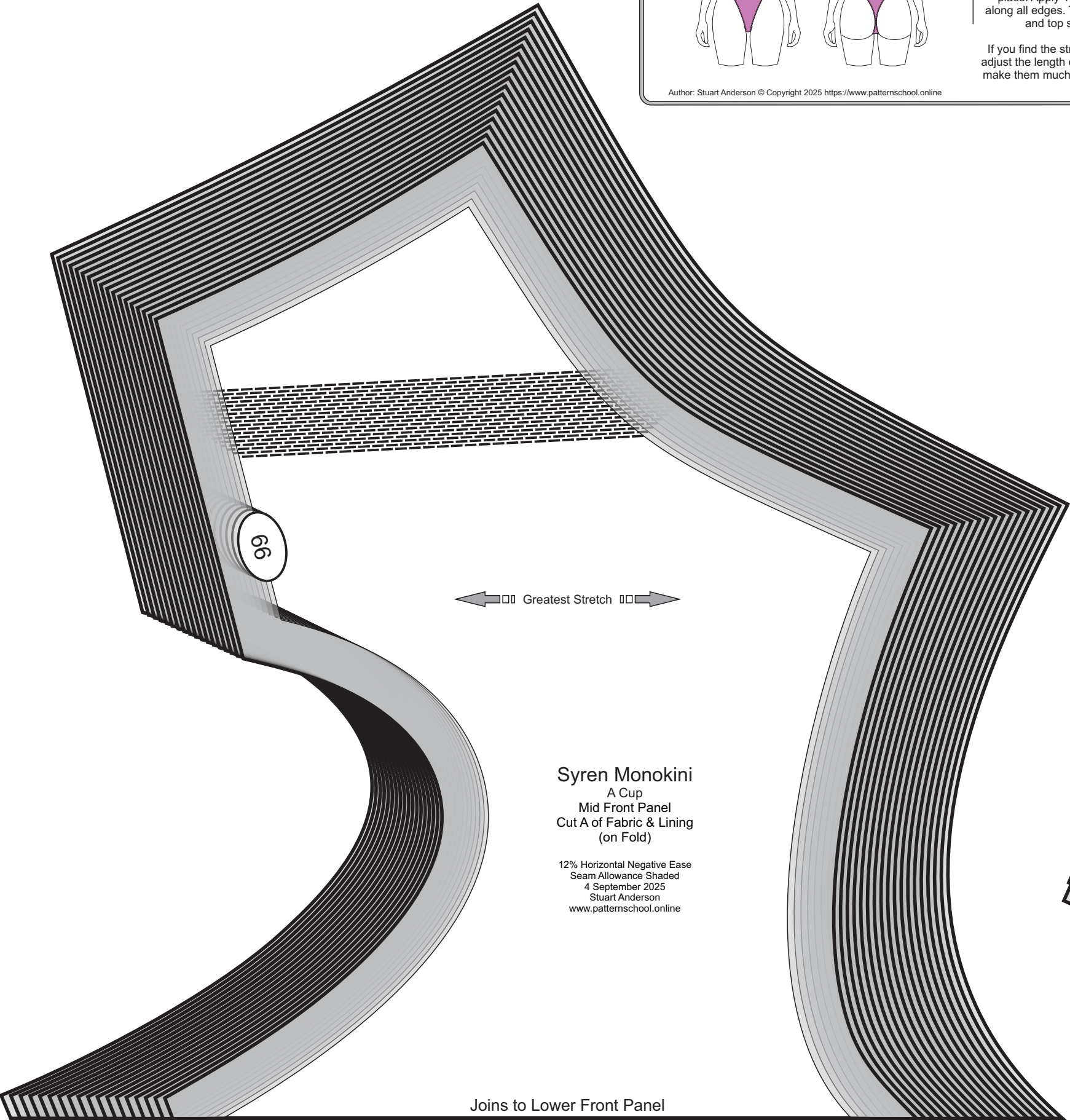
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey.
The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

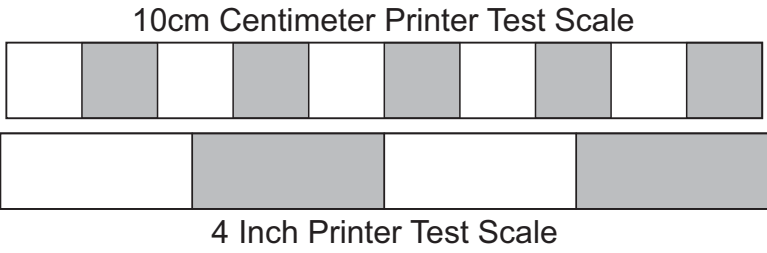
Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.



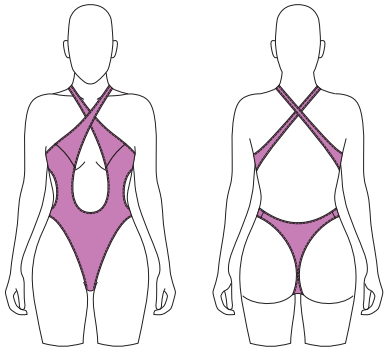
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **B Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

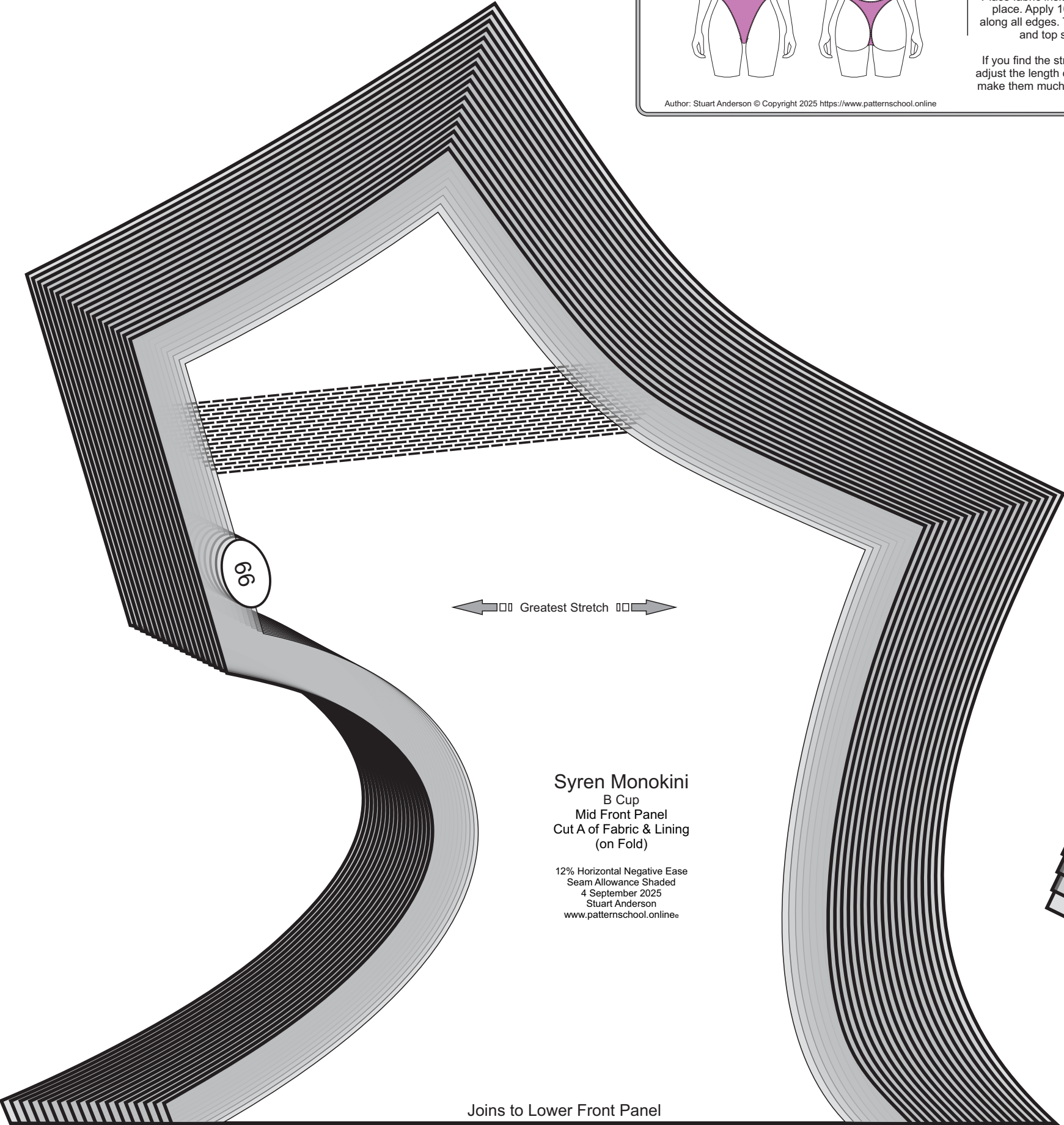
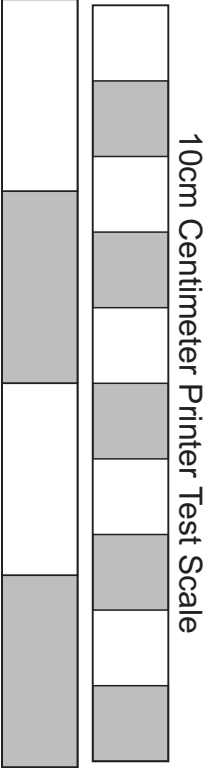
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

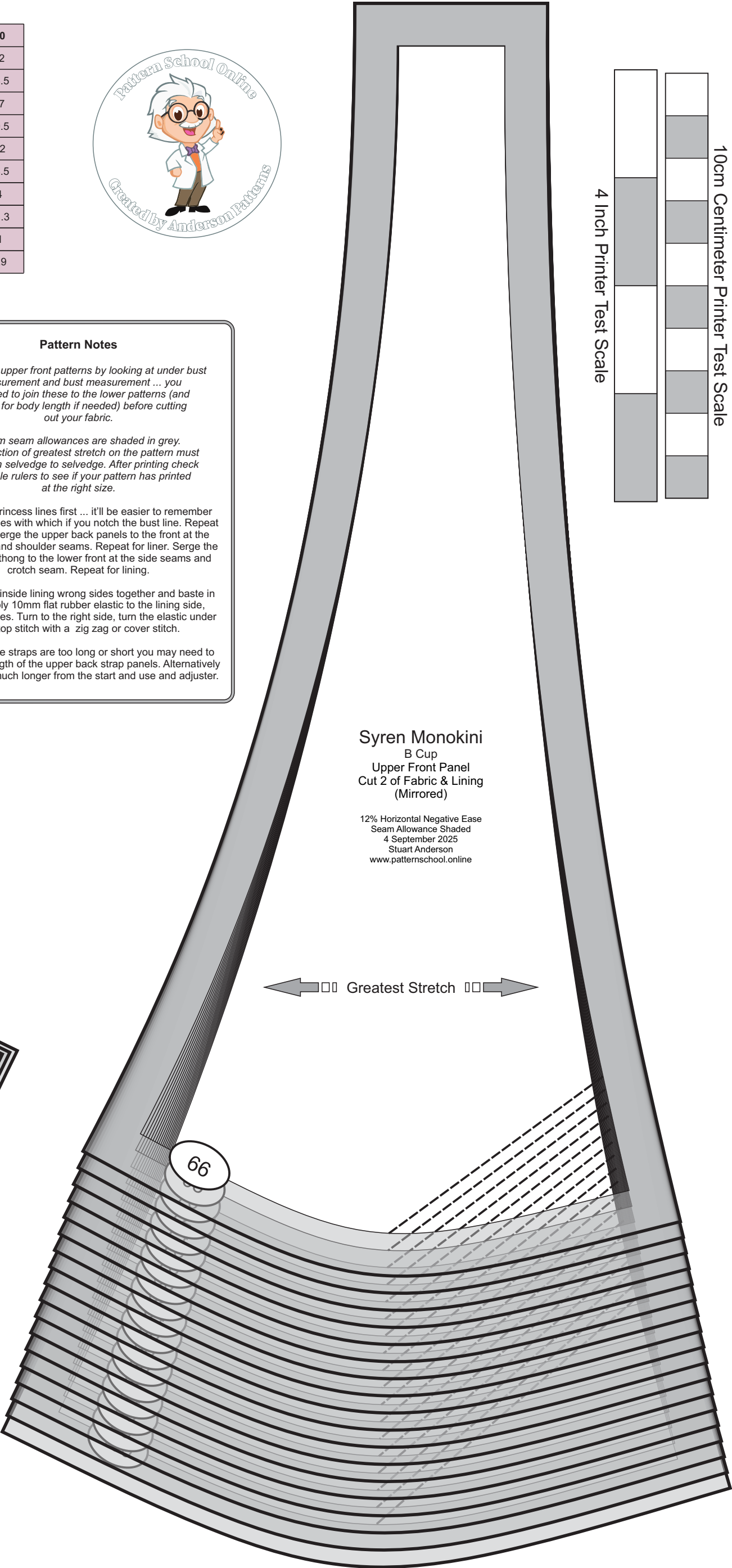
If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.



Syren Monokini
B Cup
Mid Front Panel
Cut A of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

Joins to Lower Front Panel

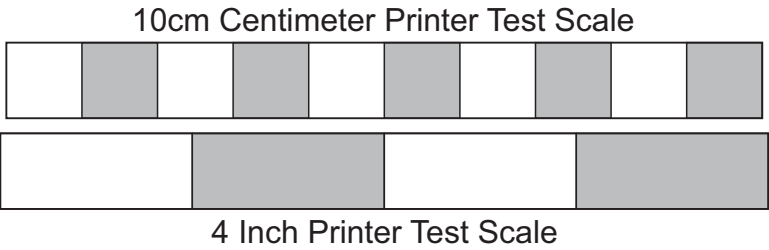
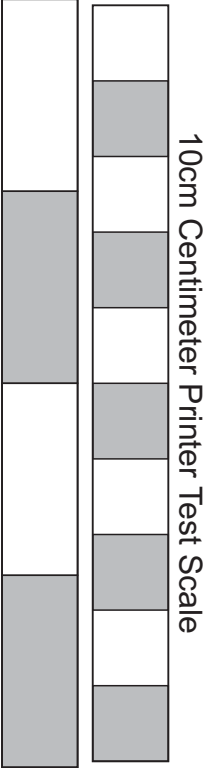


Syren Monokini
B Cup
Upper Front Panel
Cut 2 of Fabric & Lining
(Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

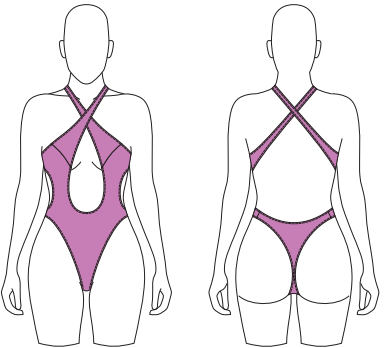
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for **C Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

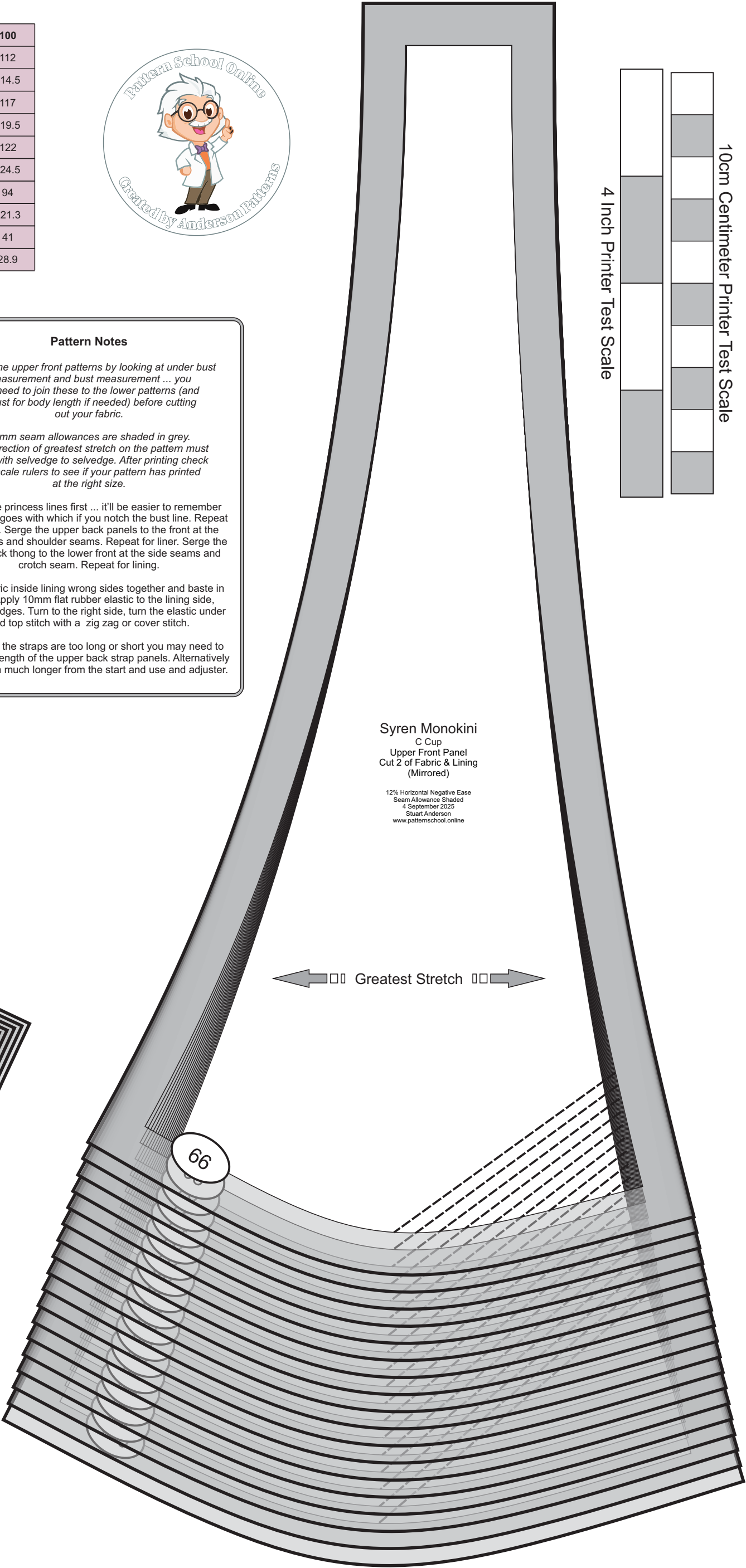
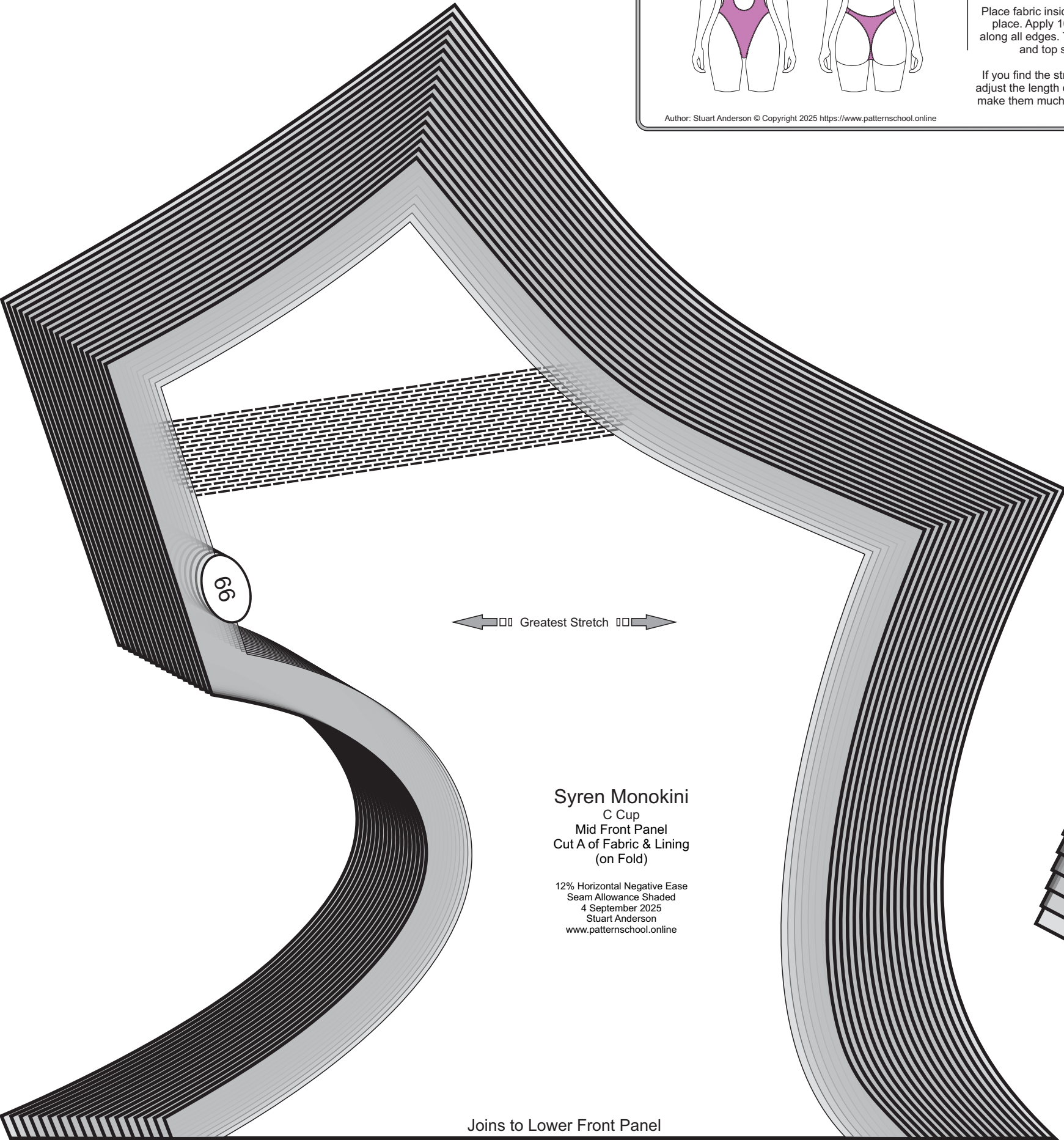
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey.
The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

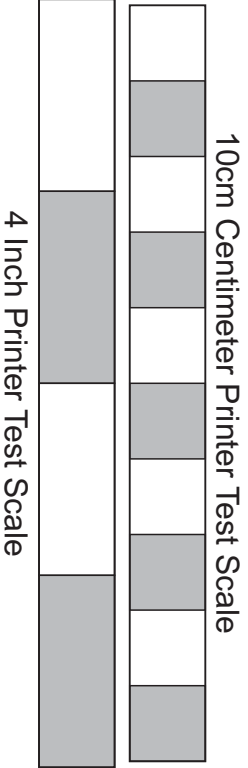
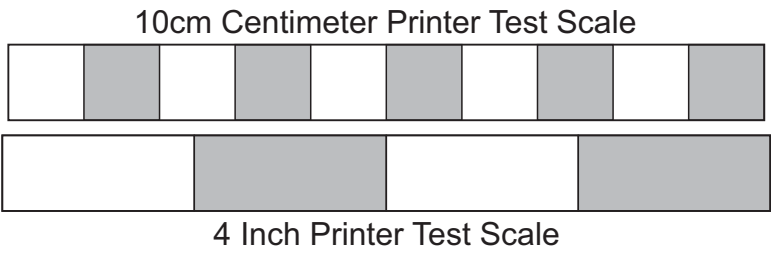
Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.



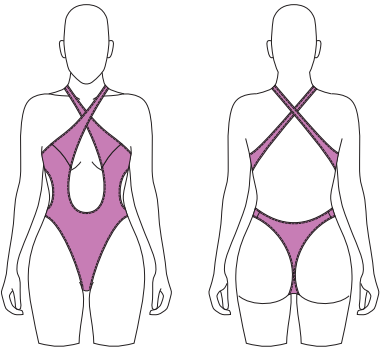
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **D Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

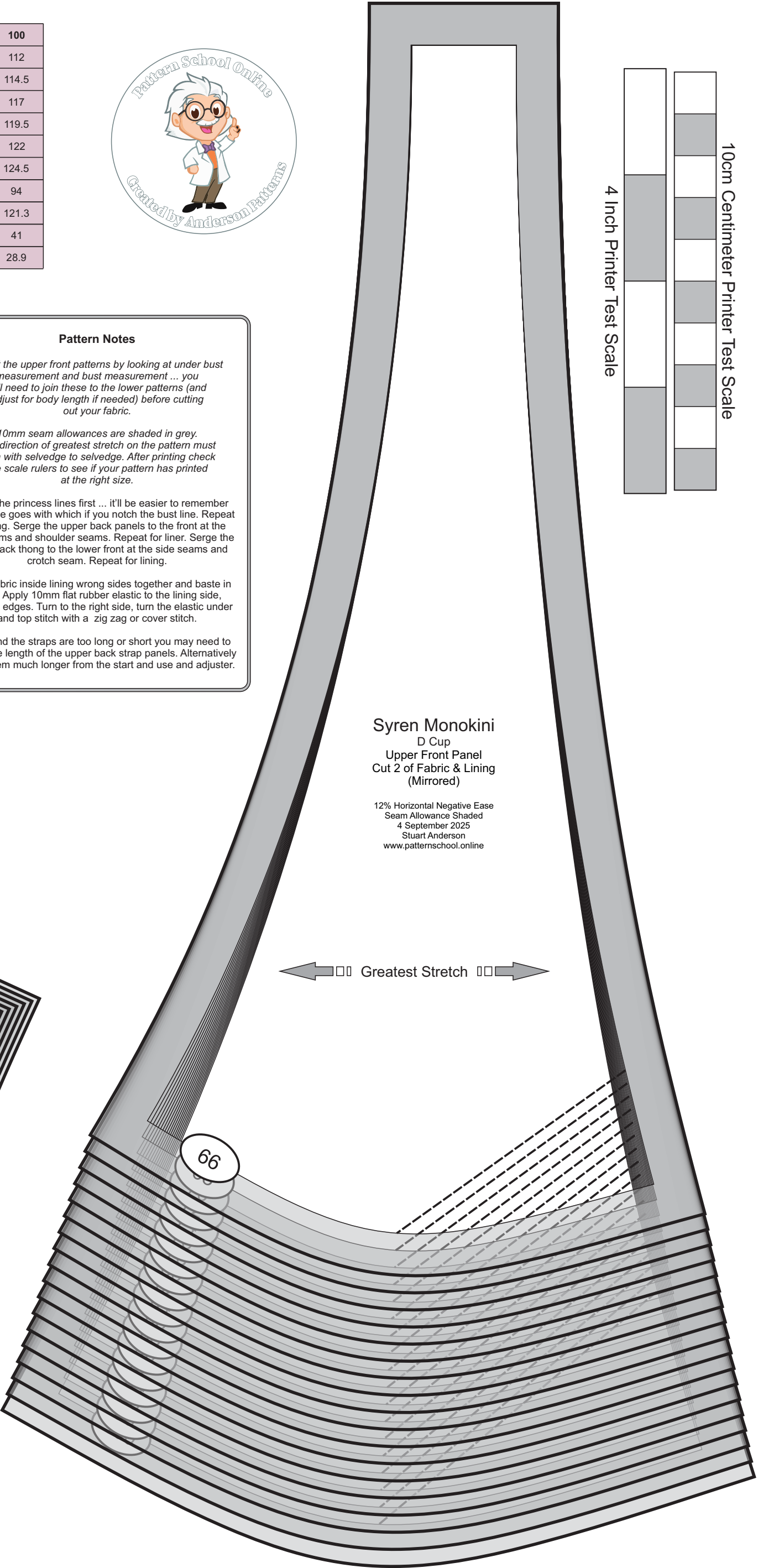
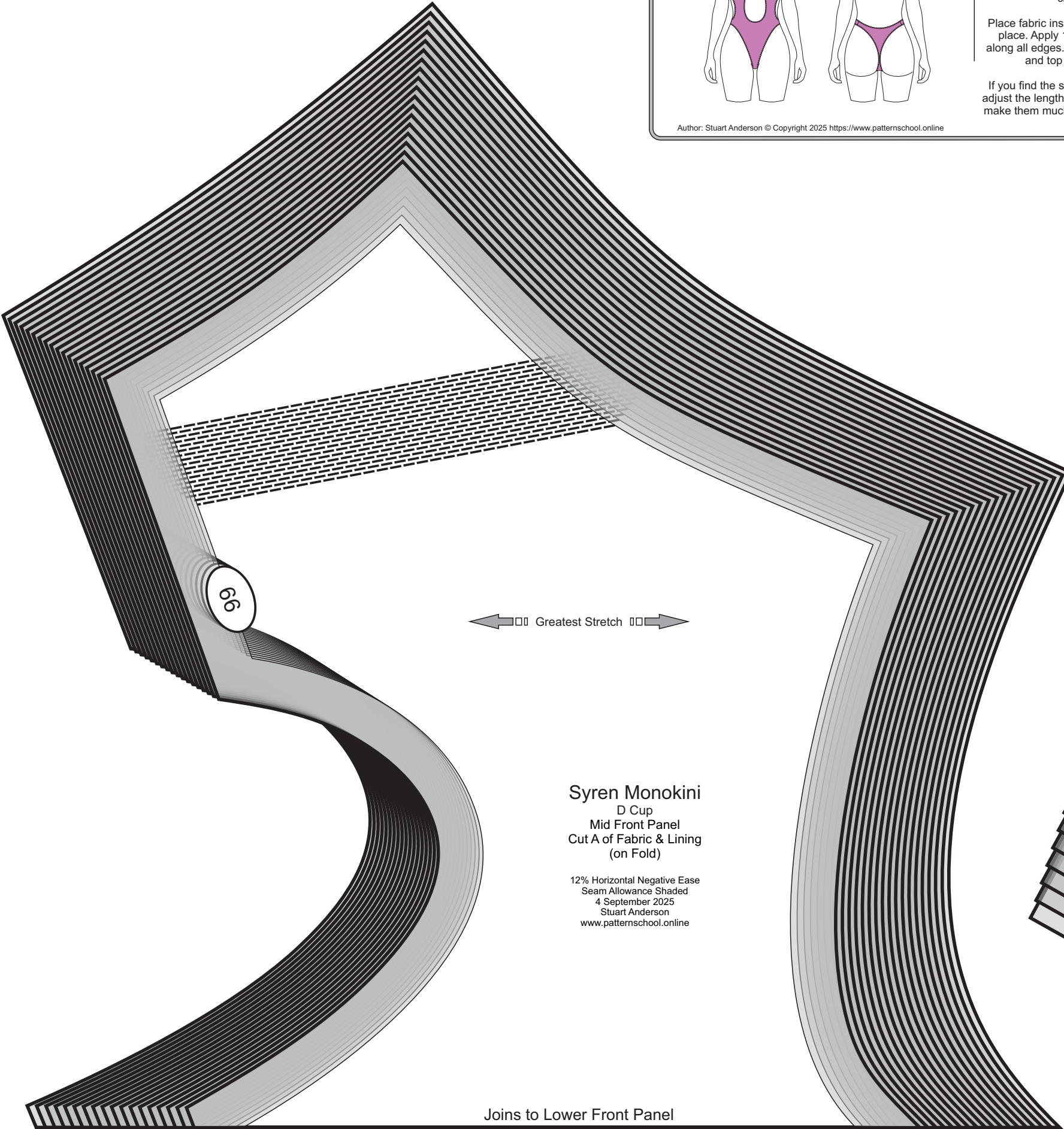
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

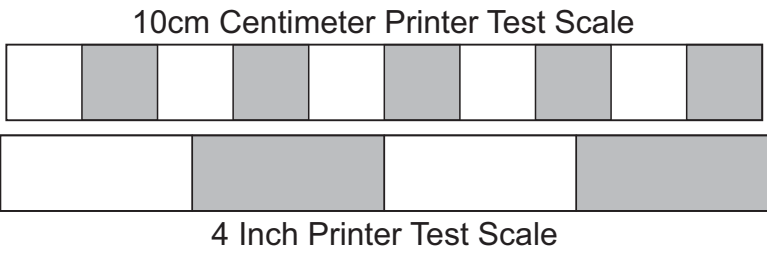
Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.



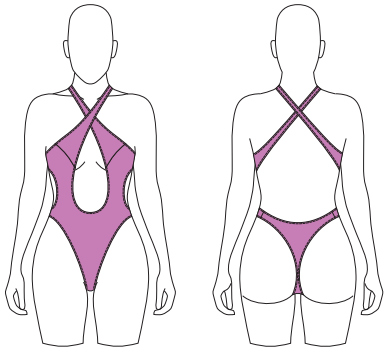
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **E Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



Pattern Notes

Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

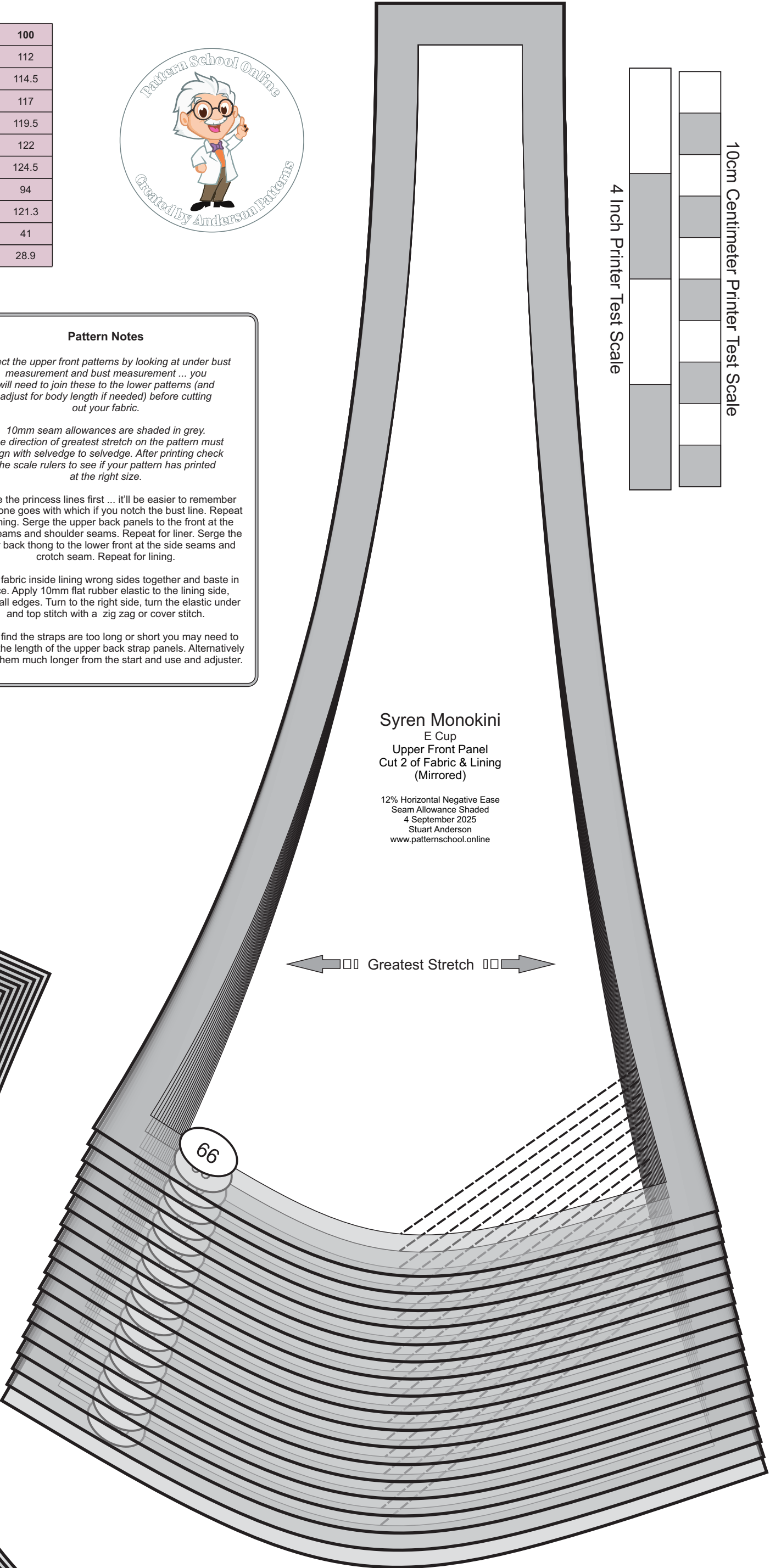
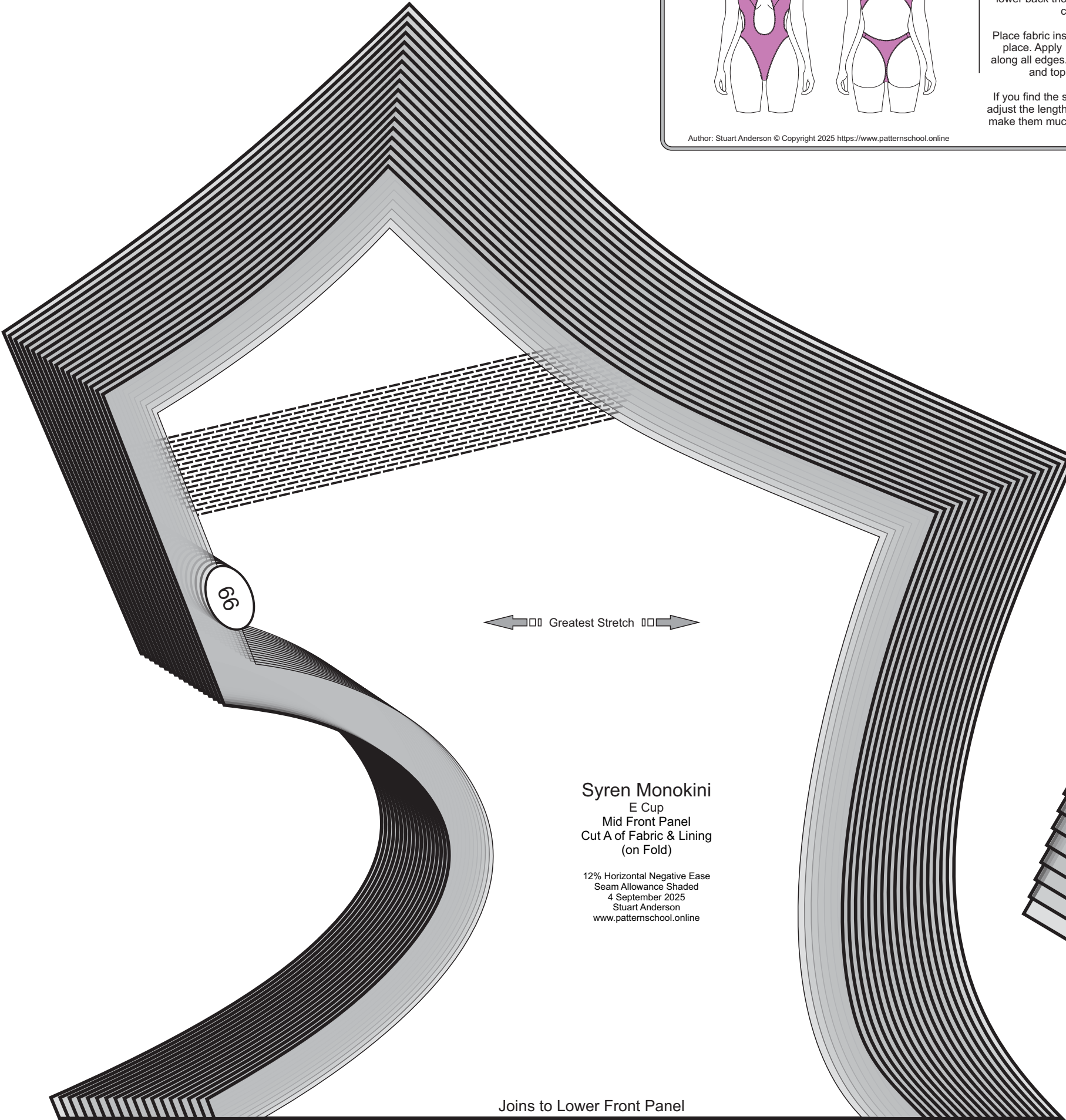
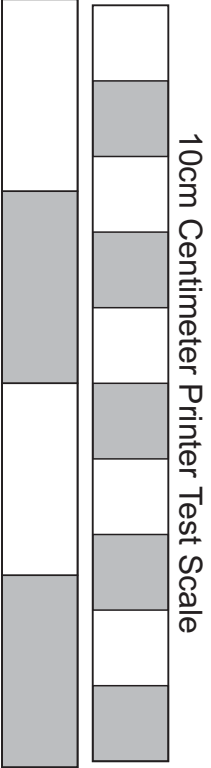
10mm seam allowances are shaded in grey. The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

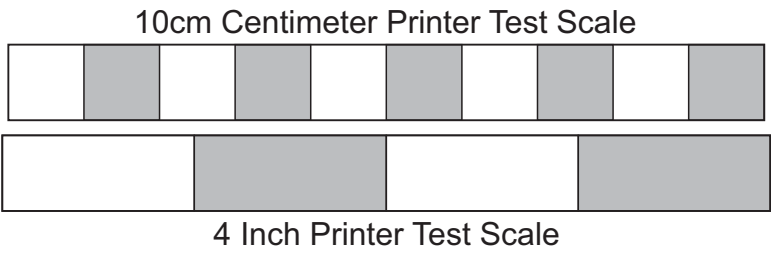
If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

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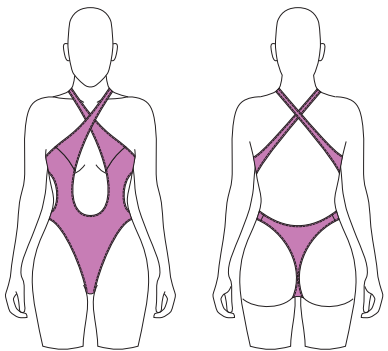
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **F Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

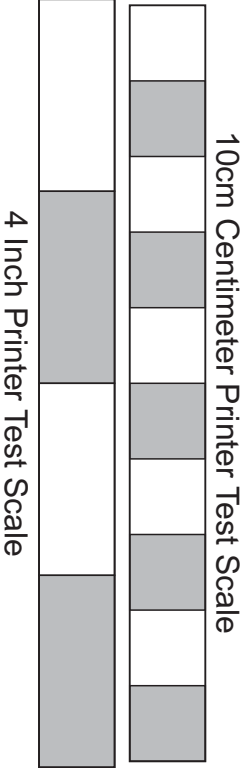
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey.
The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.



Syren Monokini

F Cup
Upper Front Panel
Cut 2 of Fabric & Lining
(Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

← Greatest Stretch →

Syren Monokini

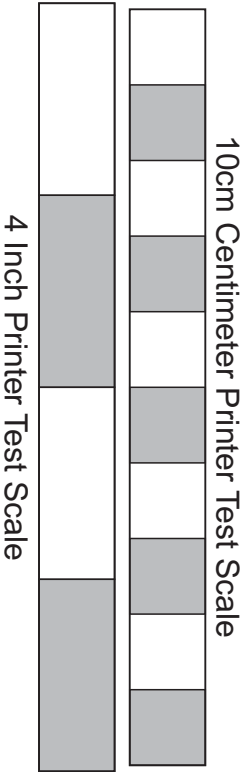
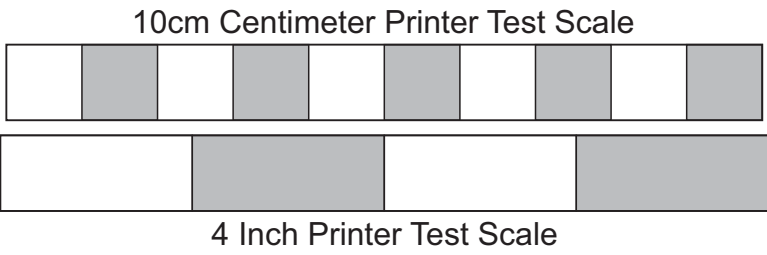
F Cup
Mid Front Panel
Cut A of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online

← Greatest Stretch →

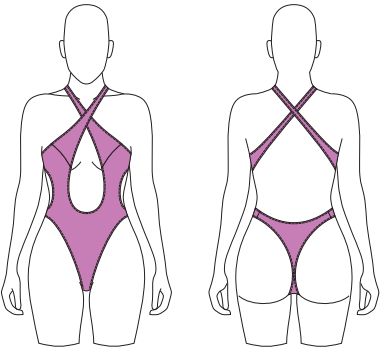
Joins to Lower Front Panel

Measurements are in Centimetres																		
Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



Syren Monokini

This page contains the patterns for the **G Cup** option. This is a very skimpy monokini more suitable for pole or exotic dance.



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Pattern Notes

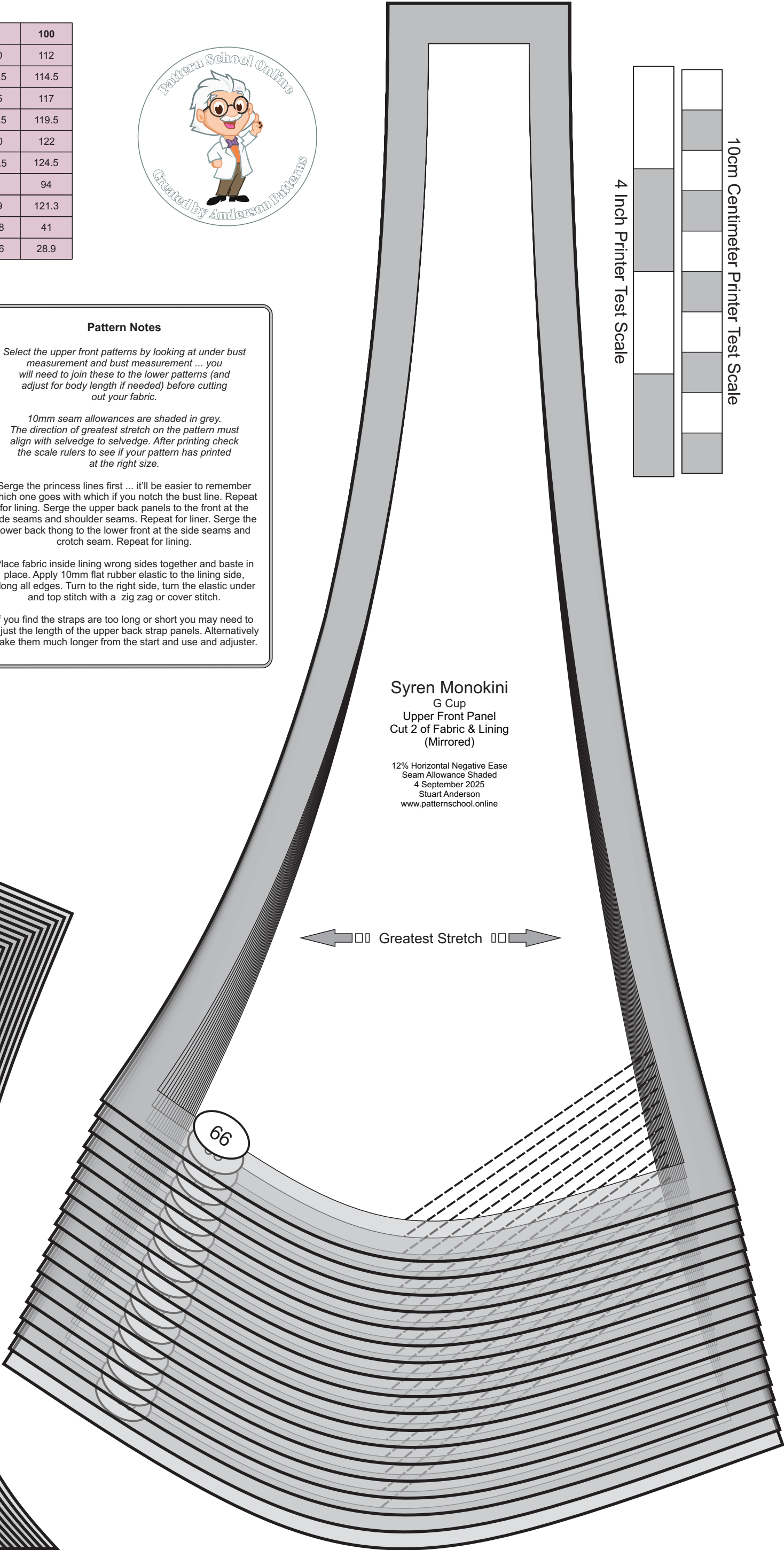
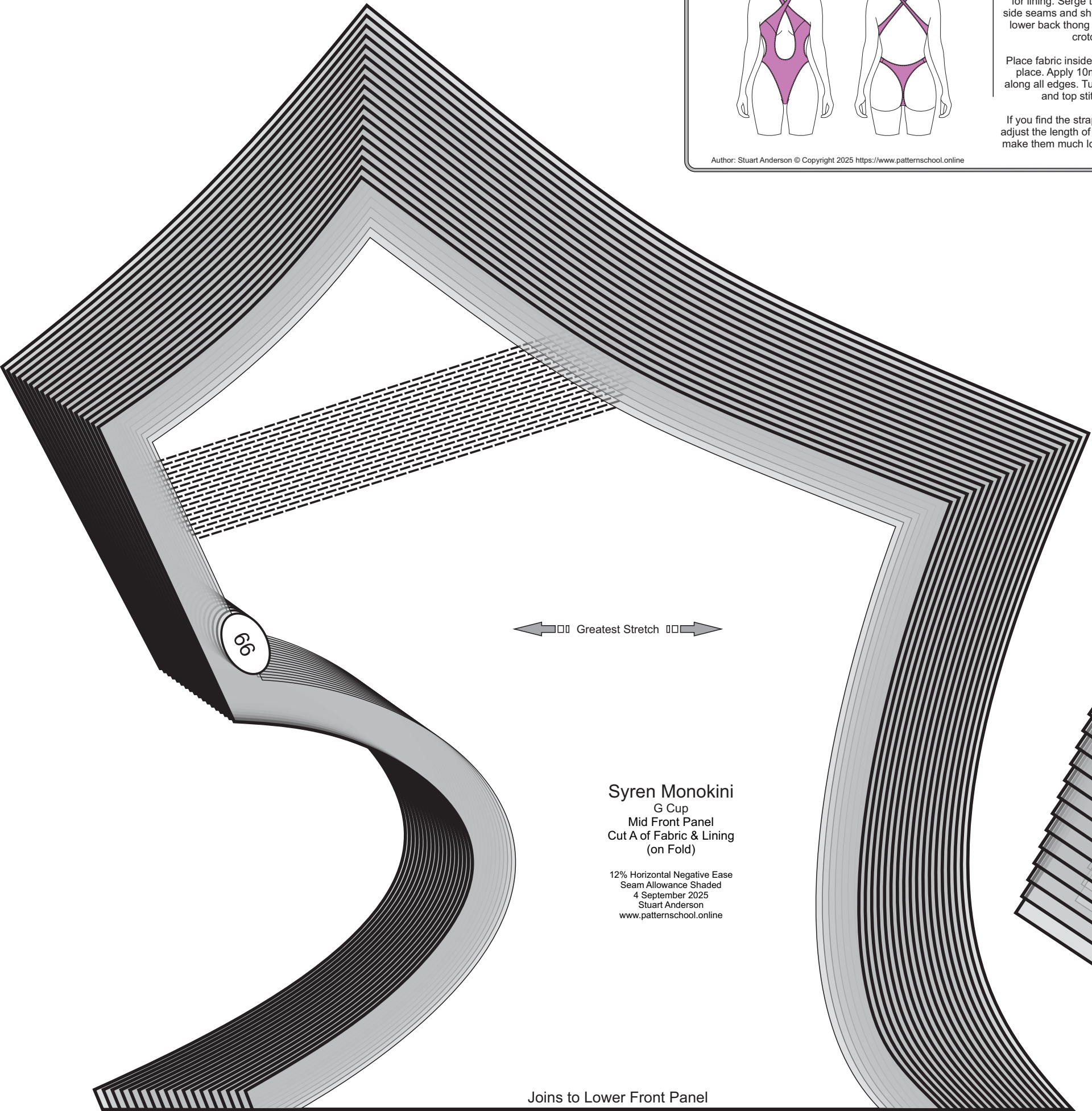
Select the upper front patterns by looking at under bust measurement and bust measurement ... you will need to join these to the lower patterns (and adjust for body length if needed) before cutting out your fabric.

10mm seam allowances are shaded in grey.
The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

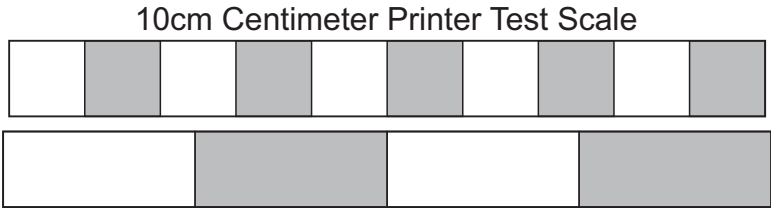
Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

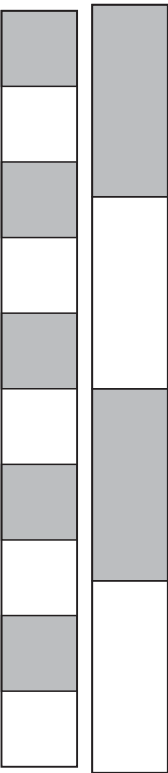


Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Bust (B Cup)	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112
Bust (C Cup)	80.5	82.5	84.5	86.5	88.5	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5
Bust (D Cup)	83	85	87	89	91	93	95	97	99	101	103	105	107	109	111	113	115	117
Bust (E Cup)	85.5	87.5	89.5	91.5	93.5	95.5	97.5	99.5	101.5	103.5	105.5	107.5	109.5	111.5	113.5	115.5	117.5	119.5
Bust (F Cup)	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122
Bust (G Cup)	90.5	92.5	94.5	96.5	98.5	100.5	102.5	104.5	106.5	108.5	110.5	112.5	114.5	116.5	118.5	120.5	122.5	124.5
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Nape-Waist	37.4	37.6	37.8	38	38.2	38.5	38.7	38.9	39.1	39.3	39.5	39.7	39.9	40.1	40.3	40.5	40.8	41
Waist-Hips	24	24.3	24.6	24.9	25.2	25.4	25.7	26	26.3	26.6	26.9	27.2	27.5	27.8	28.1	28.4	28.6	28.9



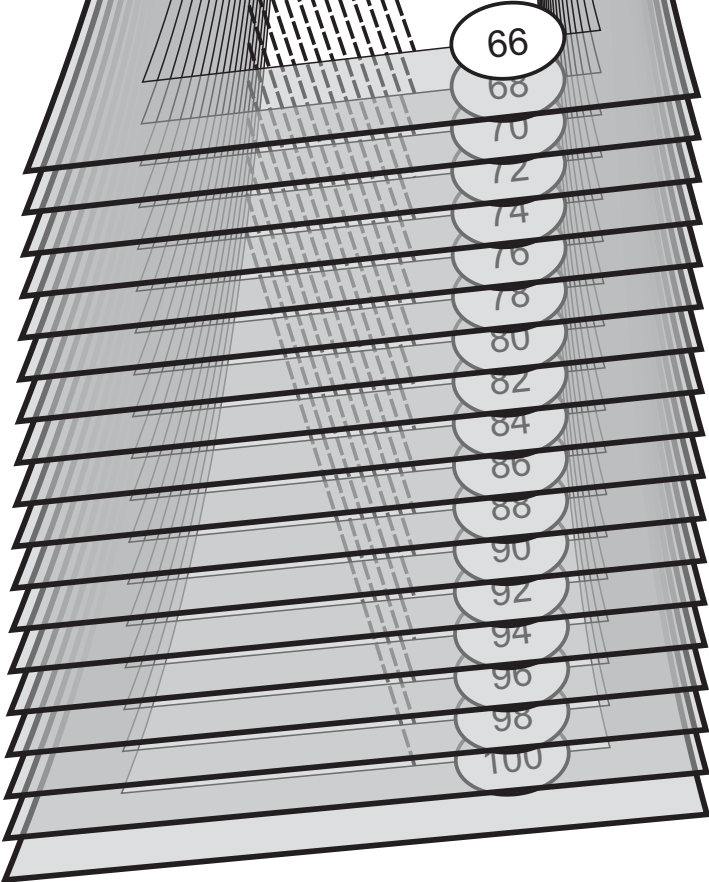
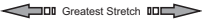
10cm Centimeter Printer Test Scale



4 Inch Printer Test Scale

Syren Monokini
Upper Back Panel
Cut 2 of Fabric & Lining
(Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 September 2025
Stuart Anderson
www.patternschool.online



Syren Monokini

Pattern Notes

Select the upper back patterns by looking at under bust measurement .

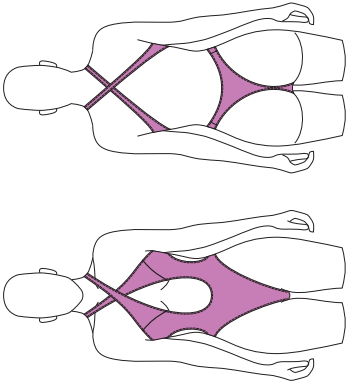
10mm seam allowances are shaded in grey.
The direction of greatest stretch on the pattern must align with selvedge to selvedge. After printing check the scale rulers to see if your pattern has printed at the right size.

Serge the princess lines first ... it'll be easier to remember which one goes with which if you notch the bust line. Repeat for lining. Serge the upper back panels to the front at the side seams and shoulder seams. Repeat for liner. Serge the lower back thong to the lower front at the side seams and crotch seam. Repeat for lining.

Place fabric inside lining wrong sides together and baste in place. Apply 10mm flat rubber elastic to the lining side, along all edges. Turn to the right side, turn the elastic under and top stitch with a zig zag or cover stitch.

If you find the straps are too long or short you may need to adjust the length of the upper back strap panels. Alternatively make them much longer from the start and use and adjuster.

This page contains the patterns for the **Upper Back Panel**. This is a very skimpy monokini more suitable for pole or exotic dance.



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