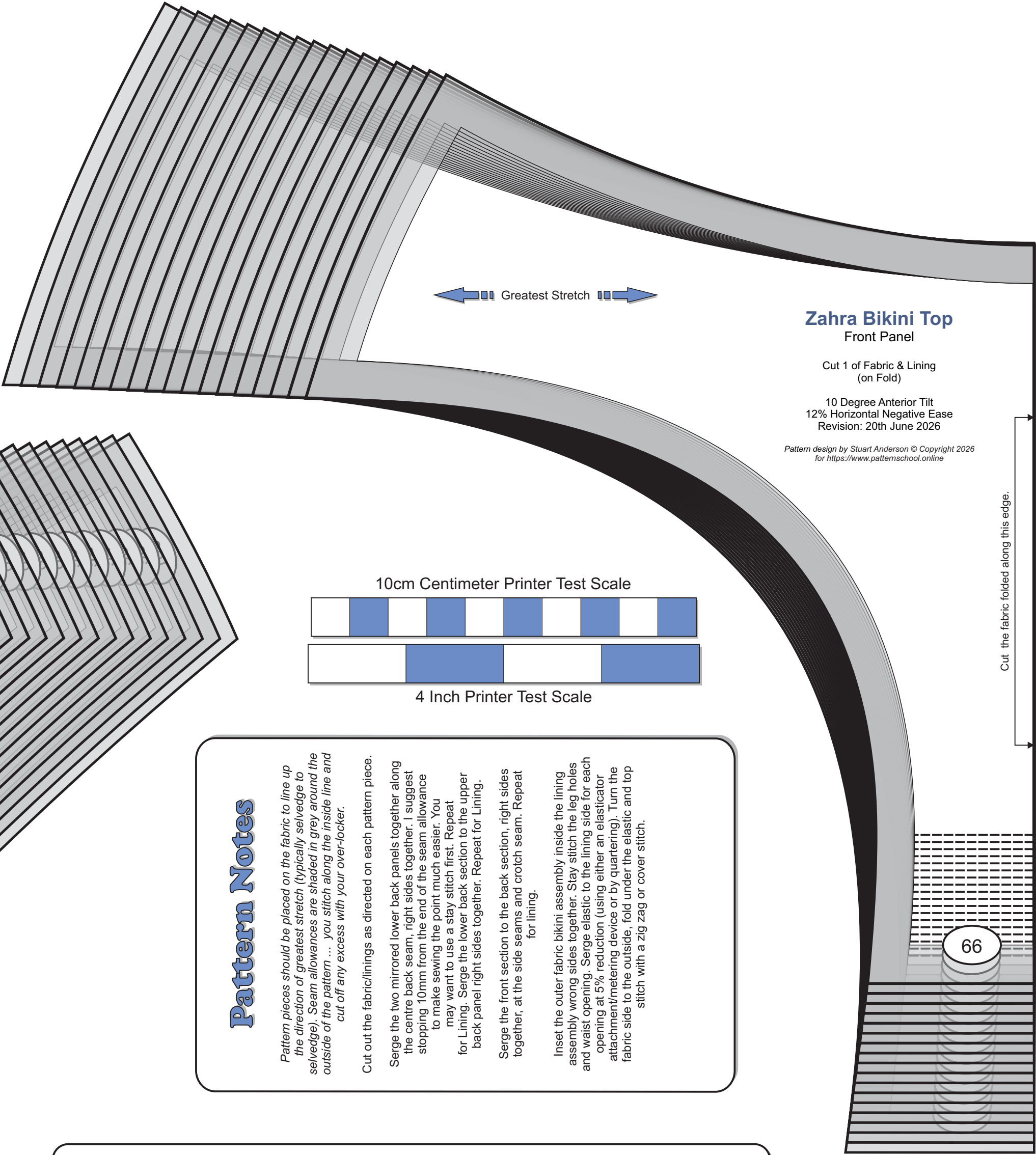
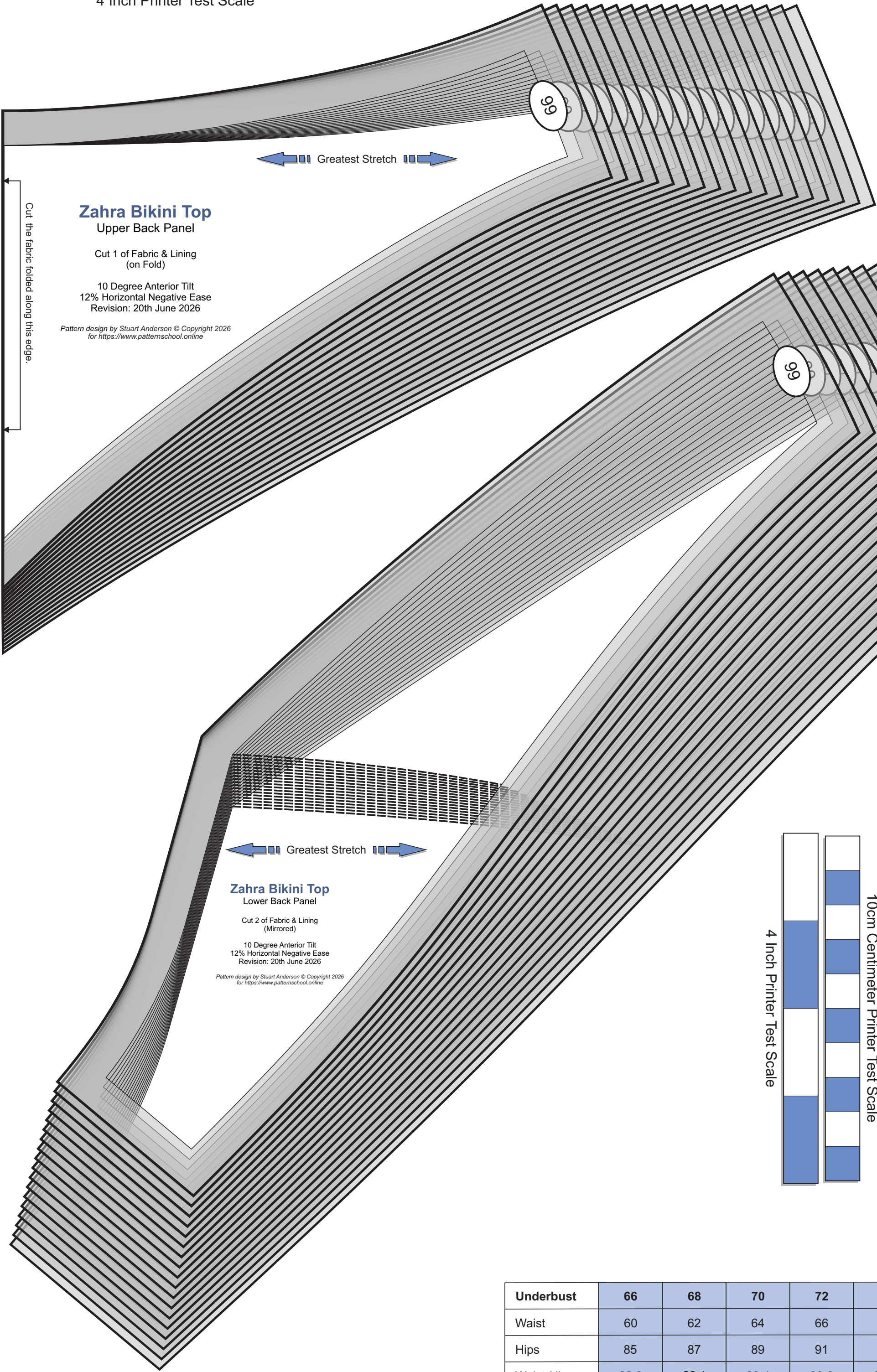
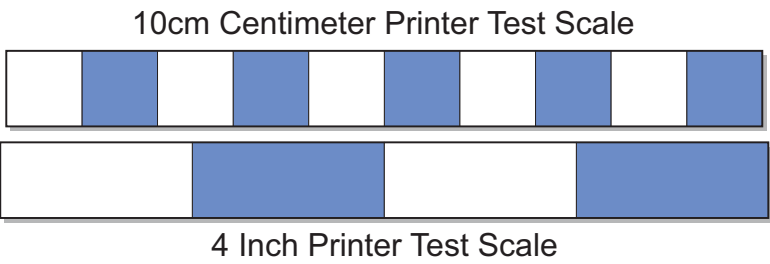




Pattern Notes

Pattern pieces should be placed on the fabric to line up the direction of greatest stretch (typically selvedge to selvedge). Seam allowances are shaded in grey around the outside of the pattern ... you stitch along the inside line and cut off any excess with your over-locker.

Cut out the fabric/linings as directed on each pattern piece.

Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

Serge the front section to the back section, right sides together, at the side seams and crotch seam. Repeat for lining.

Inset the outer fabric bikini assembly inside the lining assembly wrong sides together. Stay stitch the leg holes and waist opening. Serge elastic to the lining side for each opening at 5% reduction (using either an elasticator attachment/measuring device or by quartering). Turn the fabric side to the outside, fold under the elastic and top stitch with a zig zag or cover stitch.

Zahra Bikini Bottom

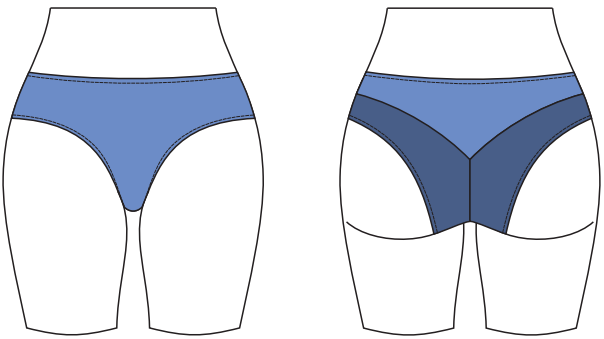
This was an experimental bikini bottom to relieve the shear tension you get in a cheeky centre back bikini bottom and thus be more stable during movement ... It worked extremely well!

This page contains the 10 Degree Anterior Tilt pattern pieces ...

Upper Back Panel, Lower Back Panel & Front Panel

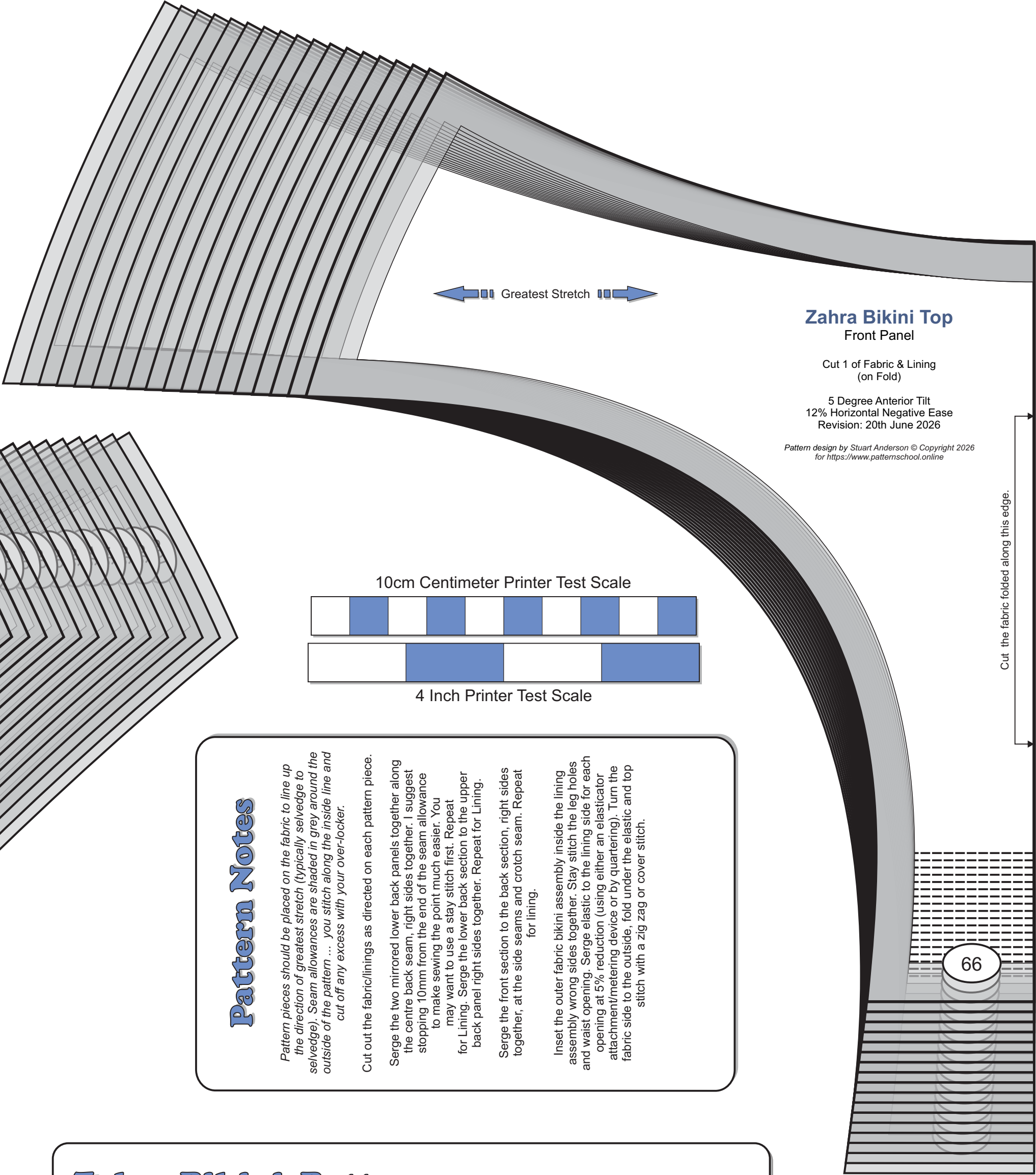
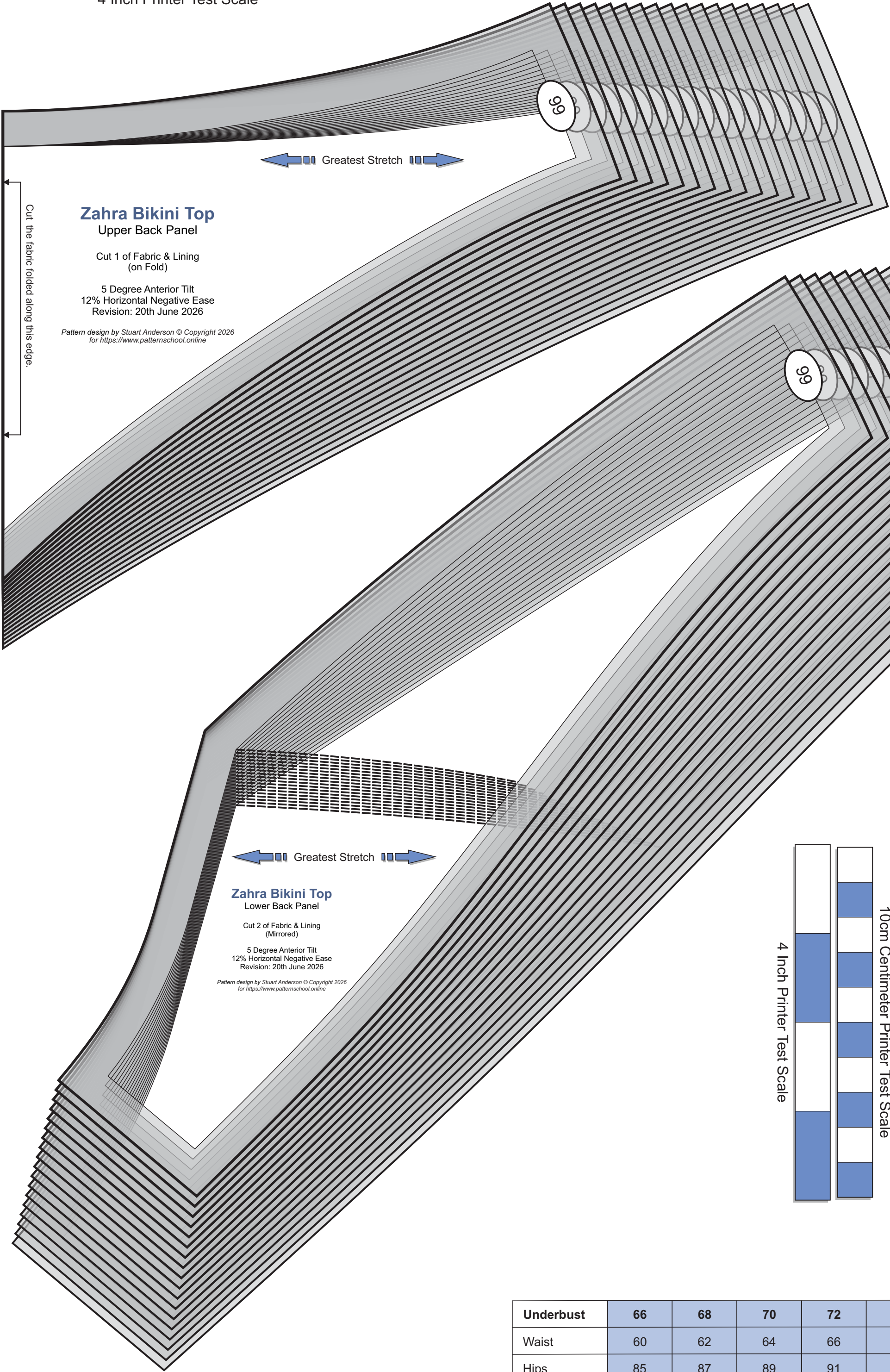
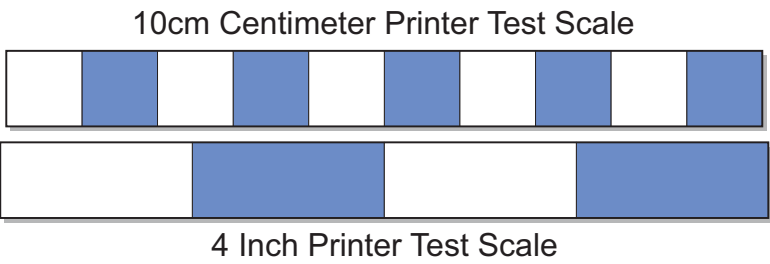
Look at the sizing table and select your size based on your **Fulltest Hip** measurement.

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Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5



Pattern Notes

Pattern pieces should be placed on the fabric to line up the direction of greatest stretch (typically selvedge to selvedge). Seam allowances are shaded in grey around the outside of the pattern ... you stitch along the inside line and cut off any excess with your over-locker.

Cut out the fabric/linings as directed on each pattern piece.

Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

Serge the front section to the back section, right sides together, at the side seams and crotch seam. Repeat for lining.

Inset the outer fabric bikini assembly inside the lining assembly wrong sides together. Stay stitch the leg holes and waist opening. Serge elastic to the lining side for each opening at 5% reduction (using either an elasticator attachment/measuring device or by quartering). Turn the fabric side to the outside, fold under the elastic and top stitch with a zig zag or cover stitch.

Zahra Bikini Bottom

This was an experimental bikini bottom to relieve the shear tension you get in a cheeky centre back bikini bottom and thus be more stable during movement ... It worked extremely well!

This page contains the **5 Degree Anterior Tilt** pattern pieces ...

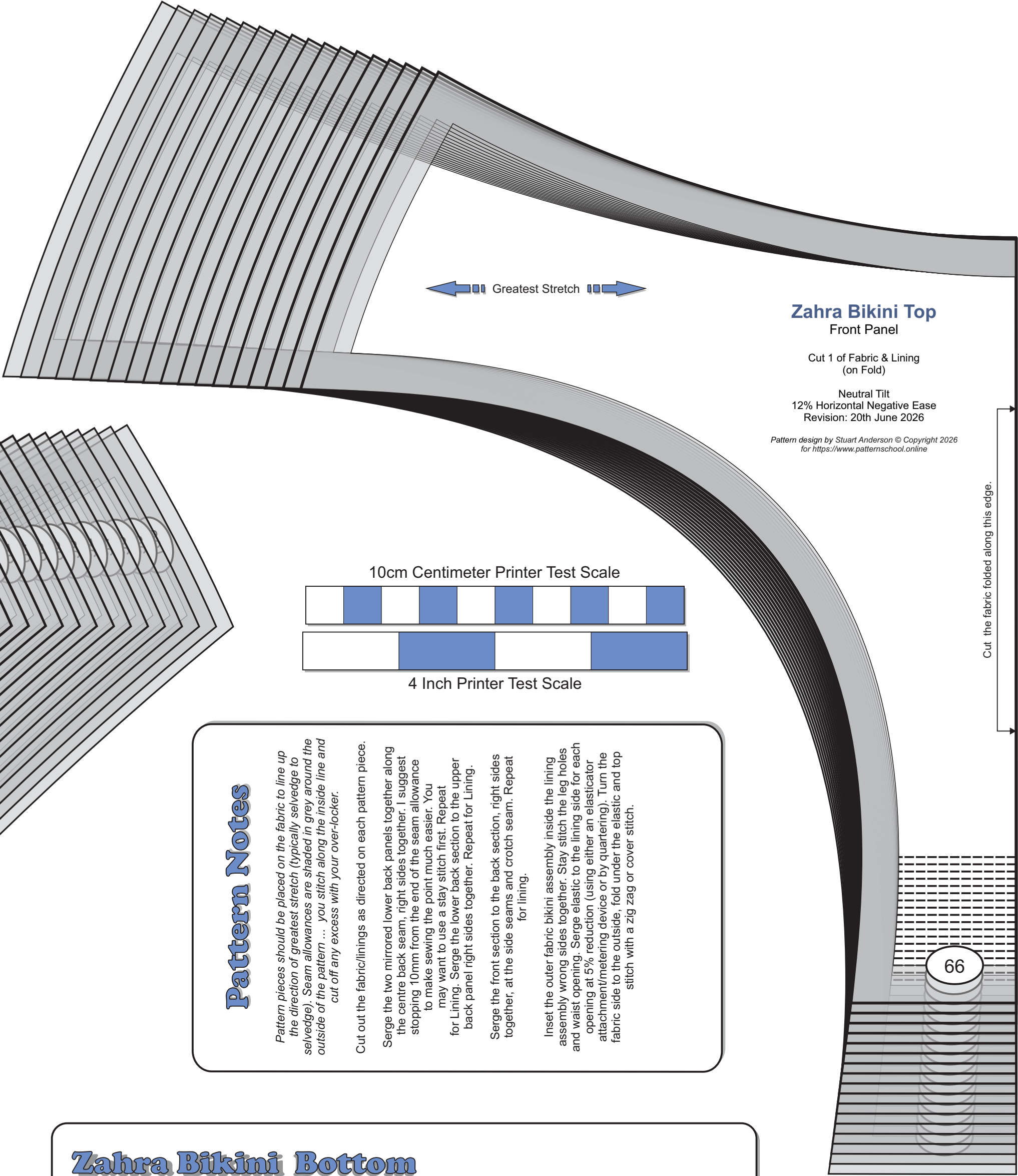
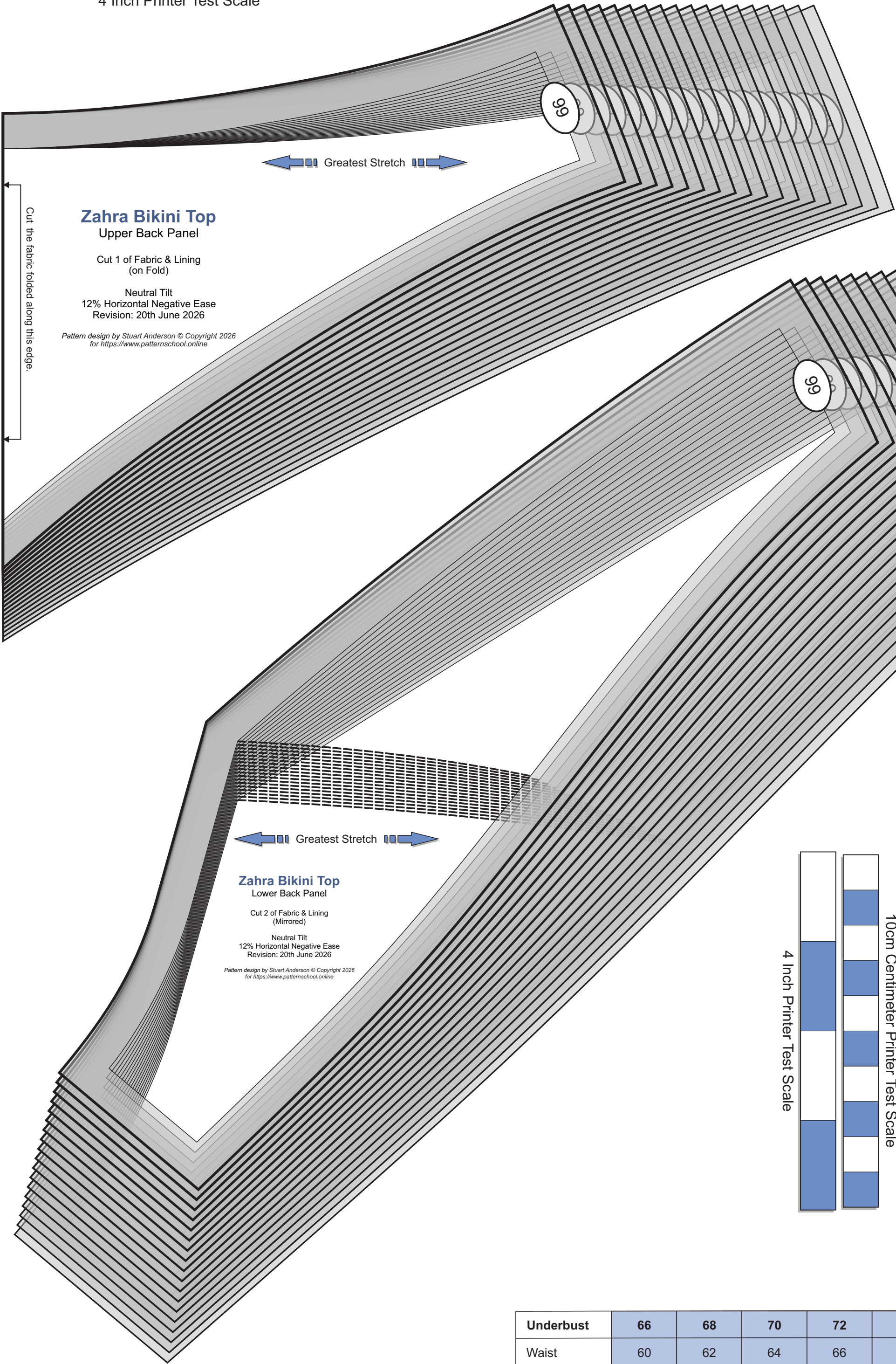
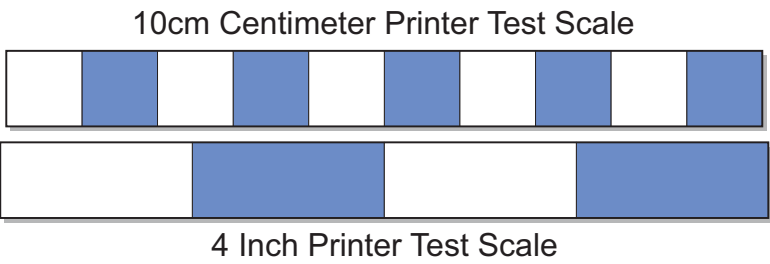
Upper Back Panel, Lower Back Panel & Front Panel

Look at the sizing table and select your size based on your **Fulltest Hip** measurement.

Pattern design by Stuart Anderson © Copyright 2026 for <https://www.patternschool.online>

Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5



Pattern Notes

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Cut out the fabric/linings as directed on each pattern piece.

Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

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Zahra Bikini Bottom

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This page contains the **Neutral Tilt** pattern pieces ...

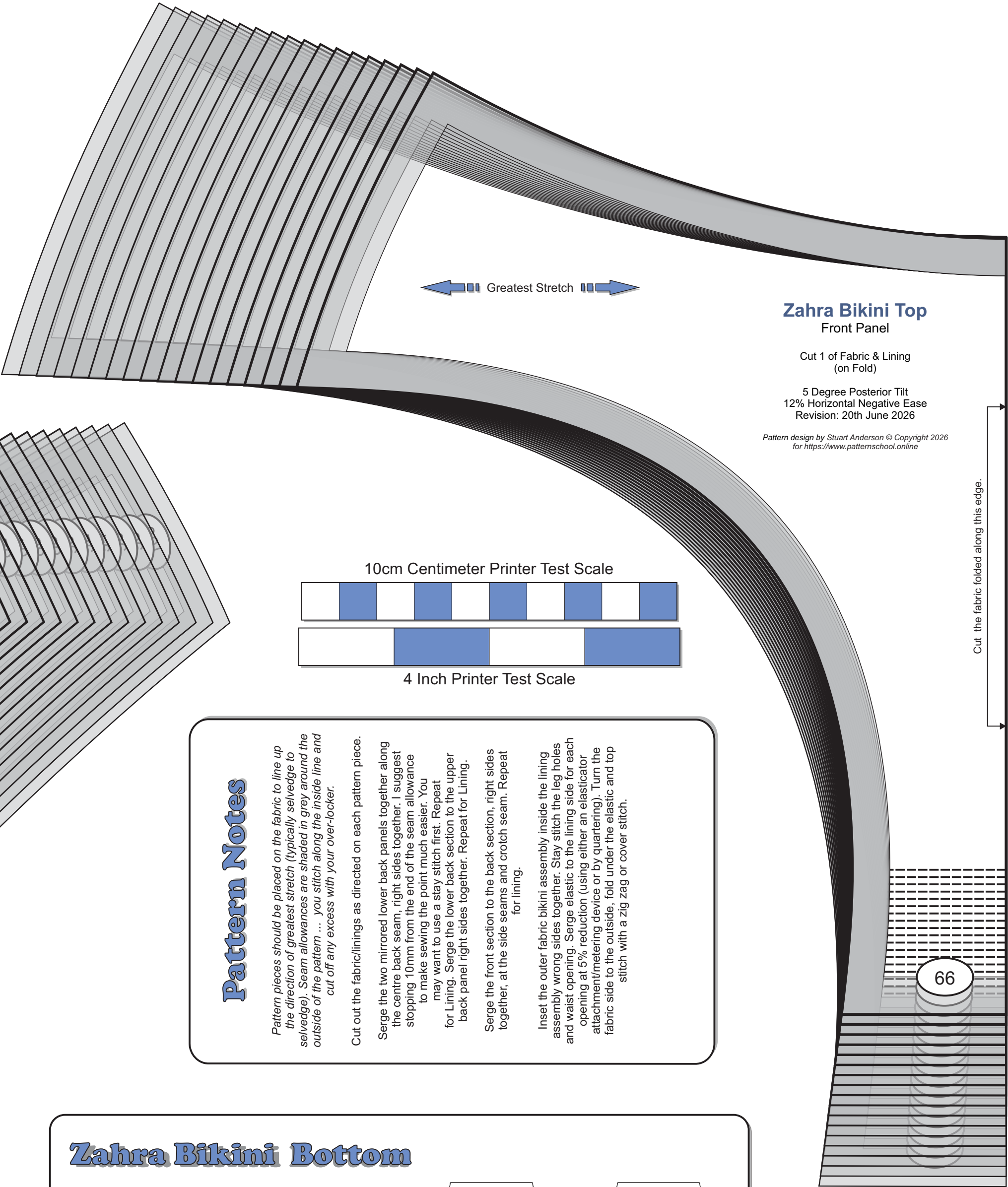
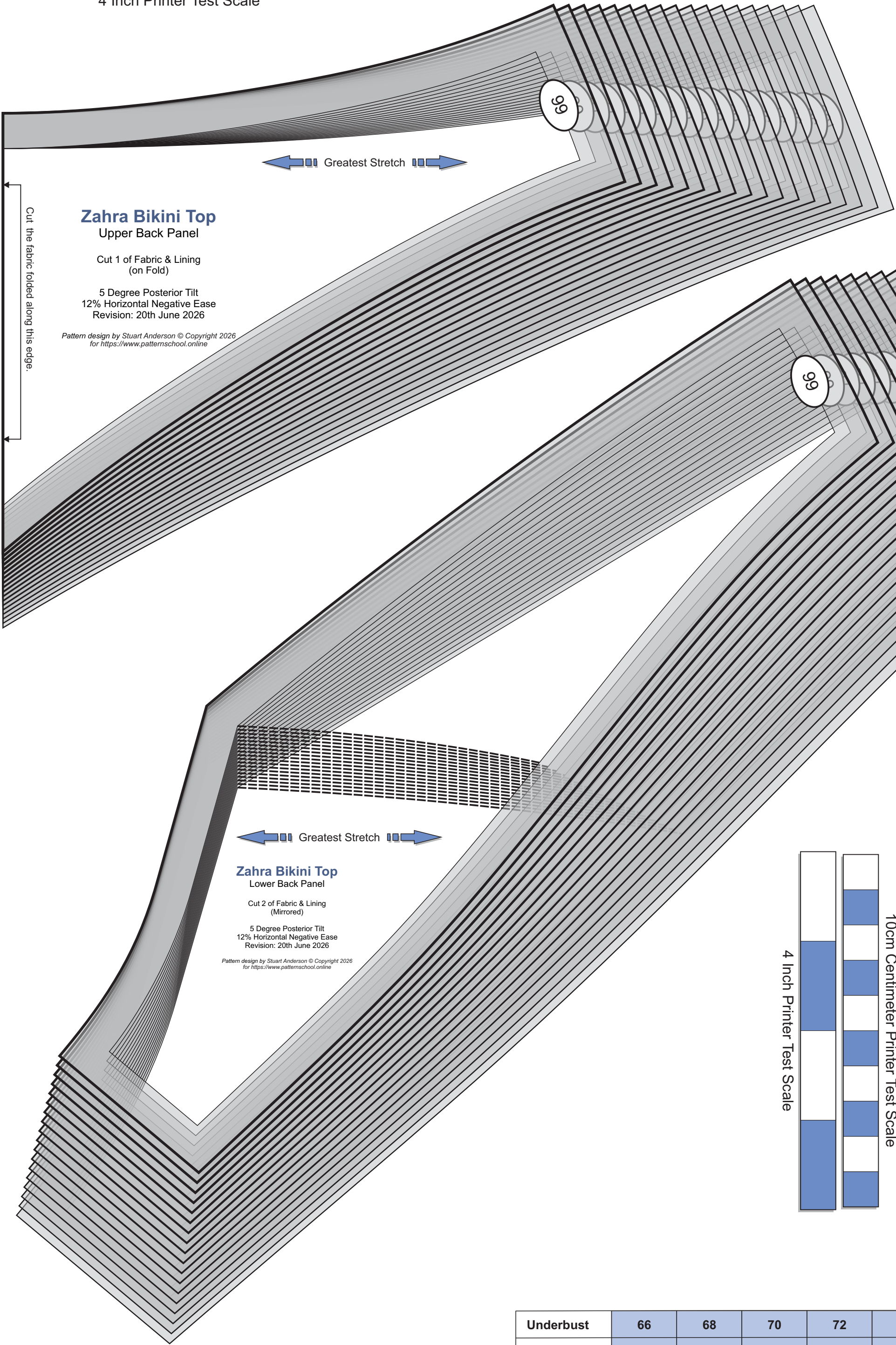
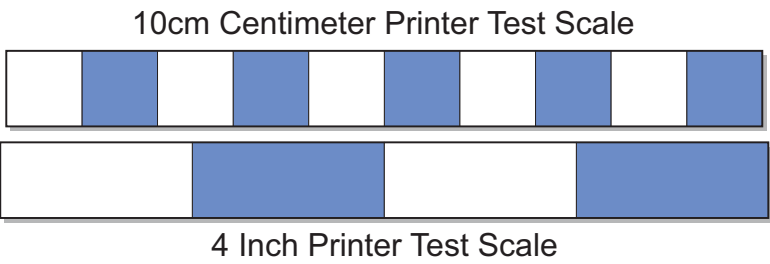
Upper Back Panel, Lower Back Panel & Front Panel

Look at the sizing table and select your size based on your **Fullest Hip** measurement.

Pattern design by Stuart Anderson © Copyright 2026 for <https://www.patternschool.online>

Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5



Pattern Notes

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Zahra Bikini Bottom

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This page contains the **5 Degree Posterior Tilt** pattern pieces ...

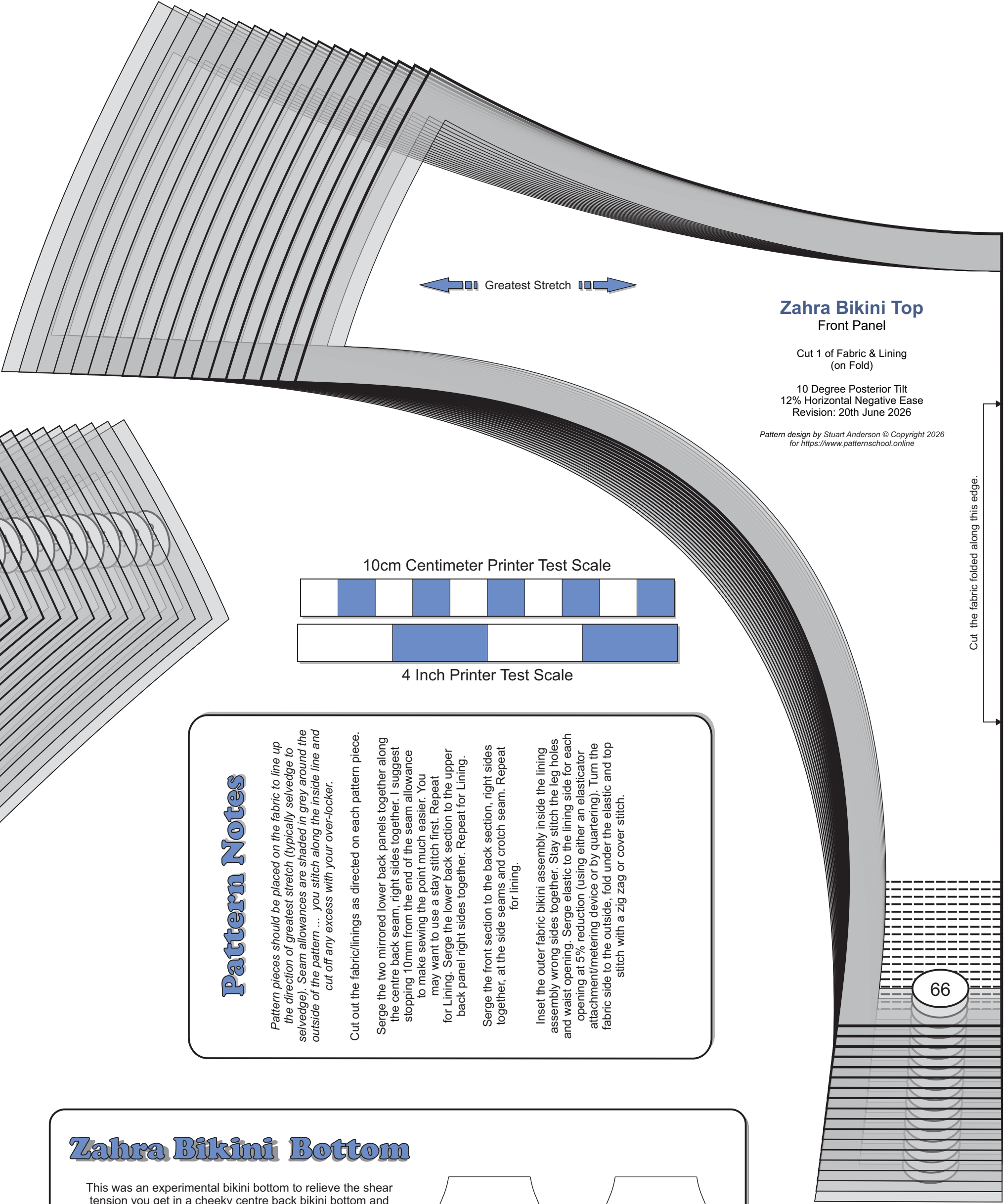
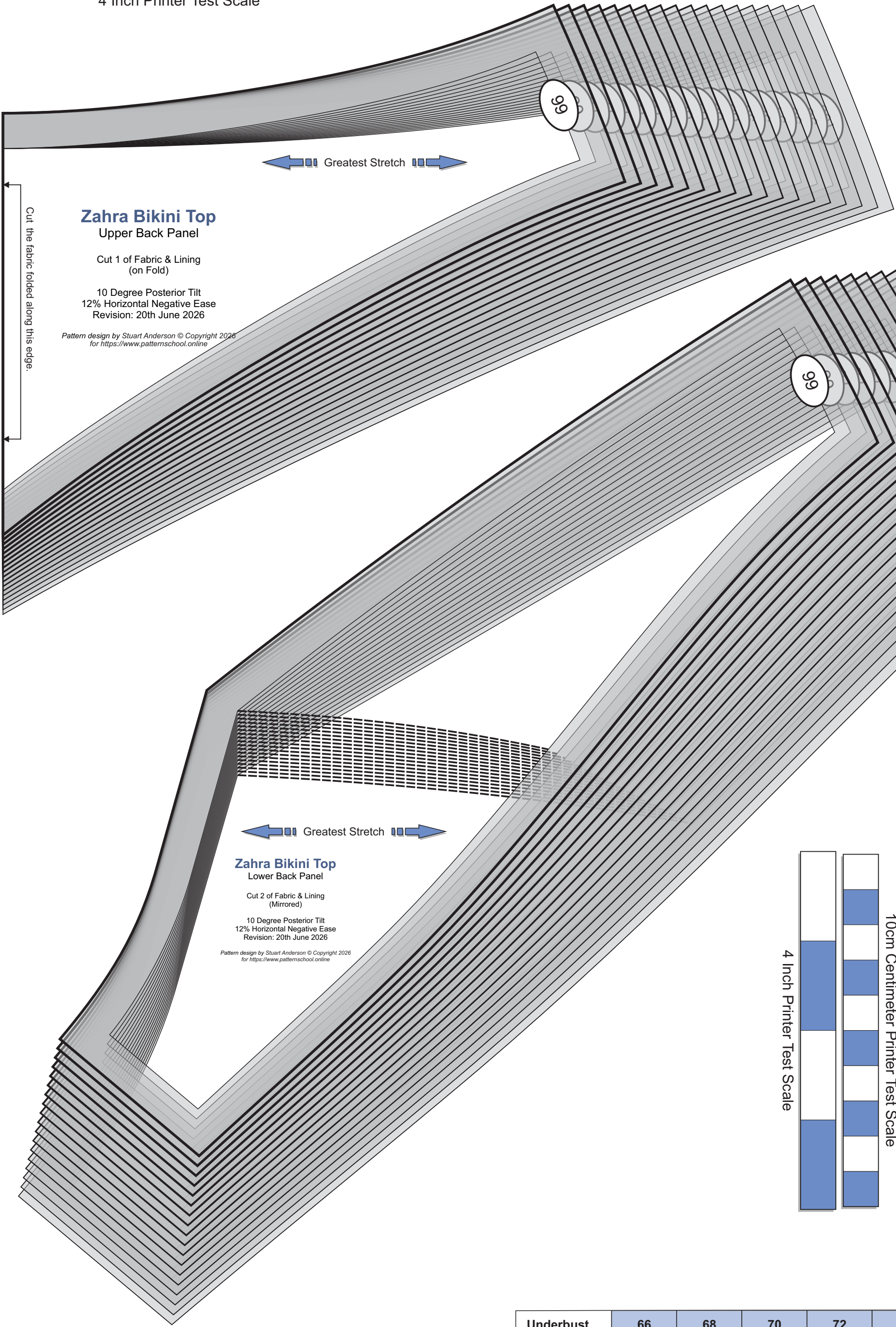
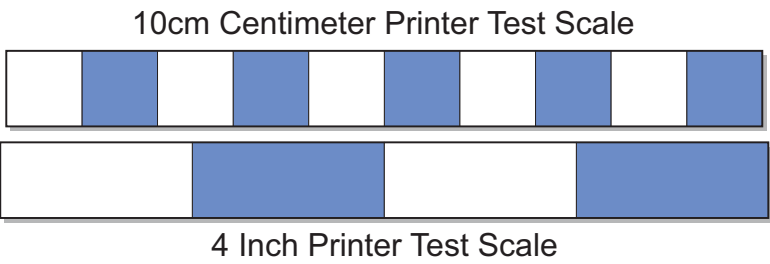
Upper Back Panel, Lower Back Panel & Front Panel

Look at the sizing table and select your size based on your **Fullest Hip** measurement.

Pattern design by Stuart Anderson © Copyright 2026 for <https://www.patternschool.online>

Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5



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Zahra Bikini Bottom

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This page contains the **10 Degree Posterior Tilt** pattern pieces ...

Upper Back Panel, Lower Back Panel & Front Panel

Look at the sizing table and select your size based on your **Fullest Hip** measurement.

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Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
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Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5