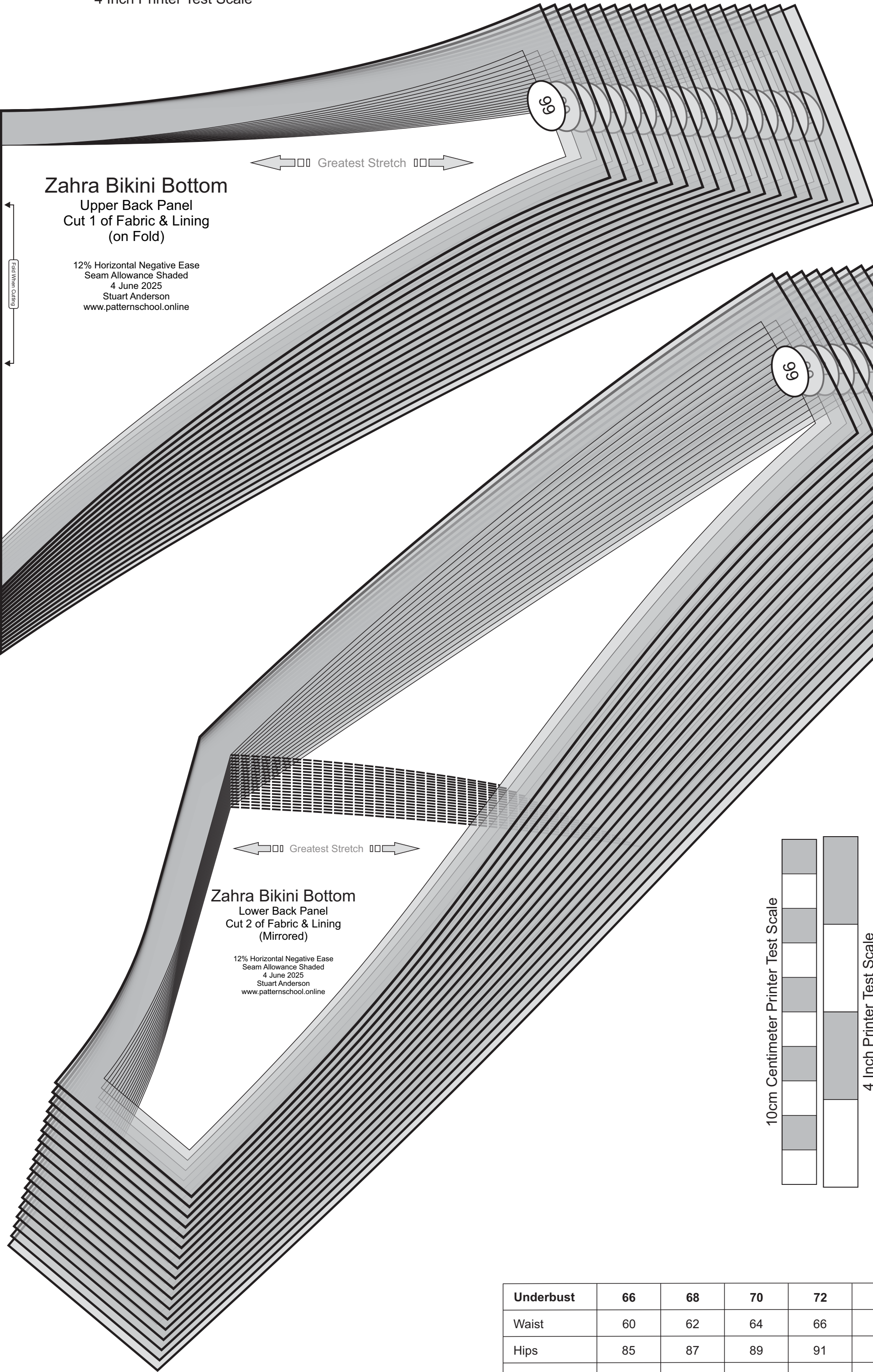
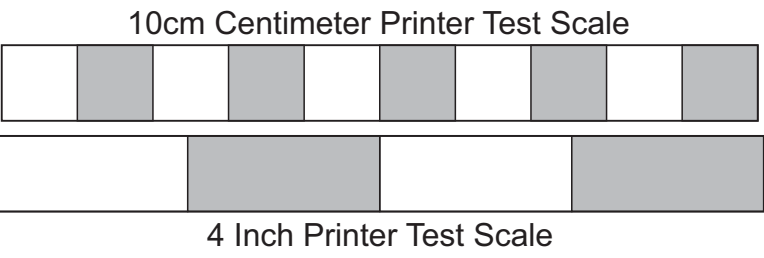
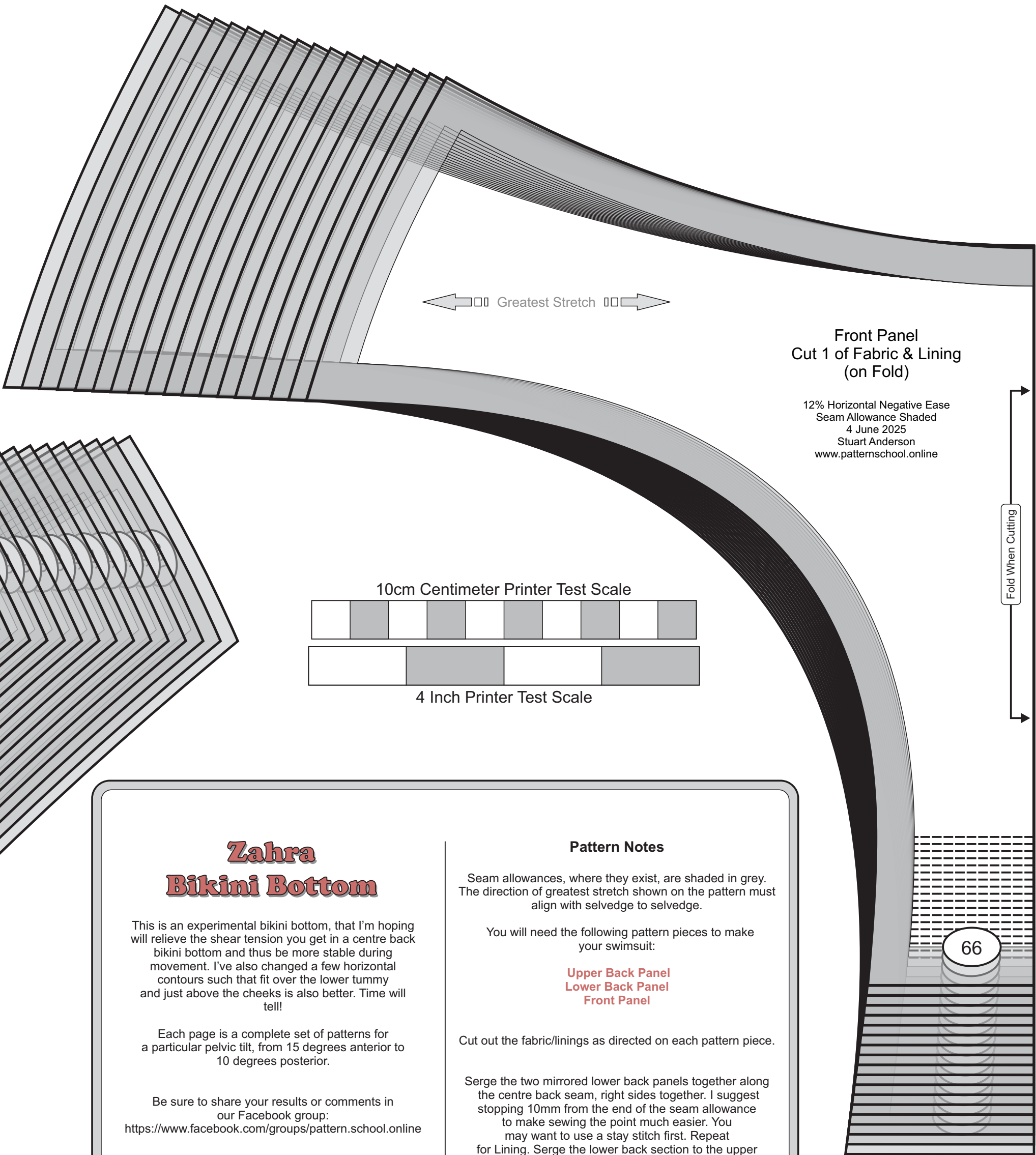




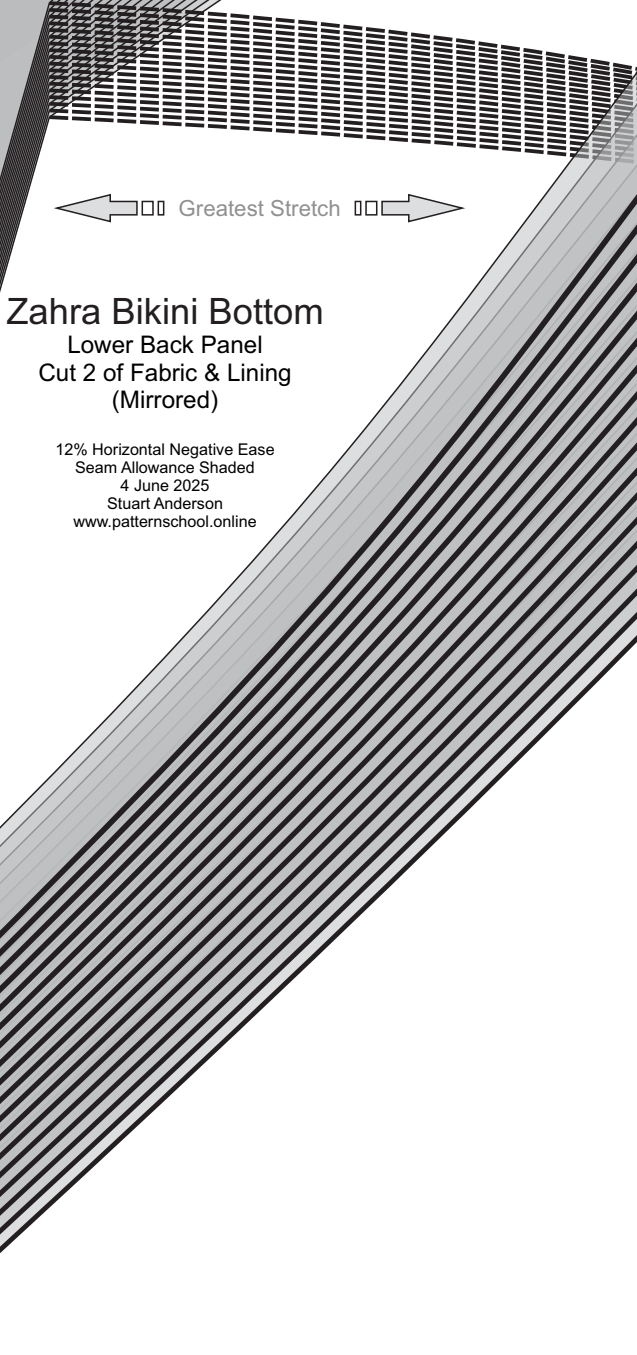
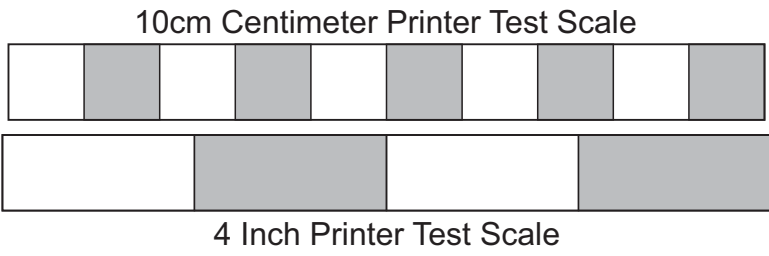
Zahra Bikini Bottom
Upper Back Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



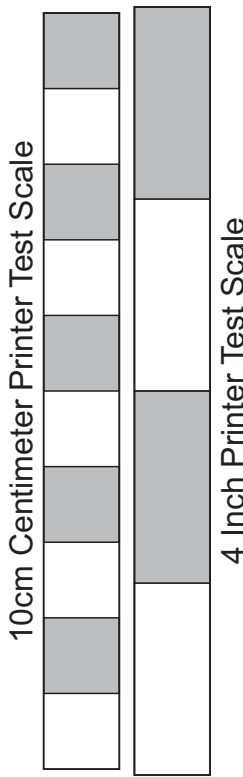
Front Panel
Cut 1 of Fabric & Lining
(on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



Zahra Bikini Bottom
Lower Back Panel
Cut 2 of Fabric & Lining
(Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



Zahra Bikini Bottom

This is an experimental bikini bottom, that I'm hoping will relieve the shear tension you get in a centre back bikini bottom and thus be more stable during movement. I've also changed a few horizontal contours such that fit over the lower tummy and just above the cheeks is also better. Time will tell!

Each page is a complete set of patterns for a particular pelvic tilt, from 15 degrees anterior to 10 degrees posterior.

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Pattern Notes

Seam allowances, where they exist, are shaded in grey. The direction of greatest stretch shown on the pattern must align with selvedge to selvedge.

You will need the following pattern pieces to make your swimsuit:

- Upper Back Panel
- Lower Back Panel
- Front Panel

Cut out the fabric/linings as directed on each pattern piece.

Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

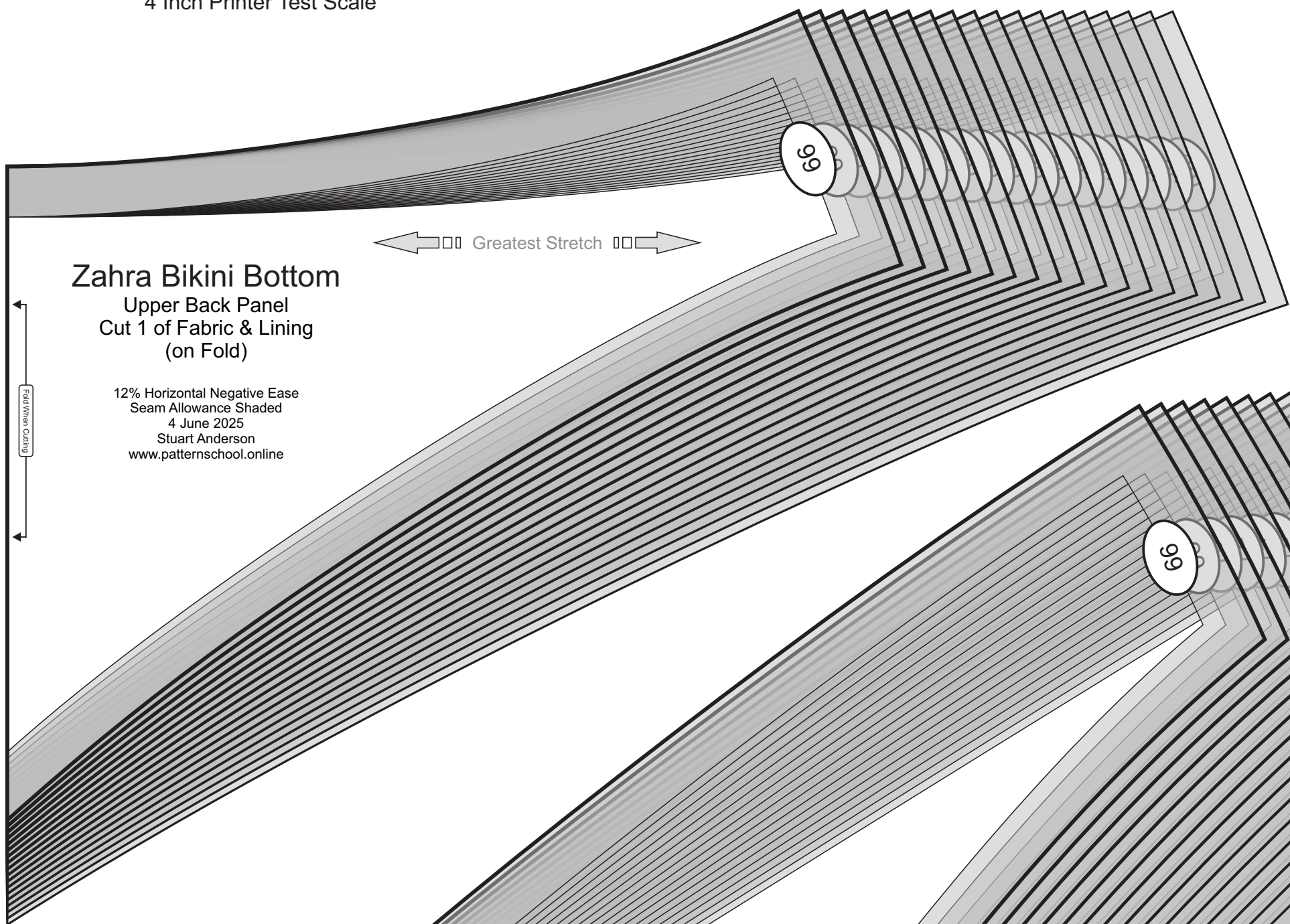
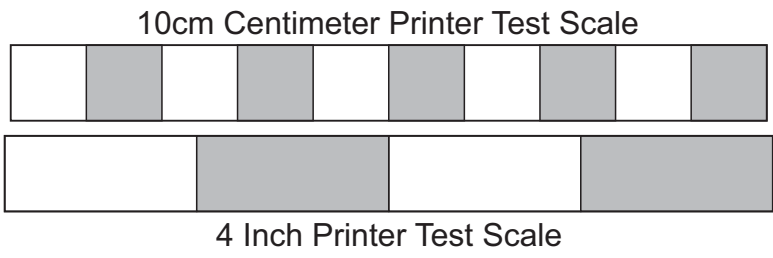
Serge the front section to the back section, right sides together, at the side seams and crotch seam. Repeat for lining.

Inset the outer fabric bikini assembly inside the lining assembly wrong sides together. Stay stitch the leg holes and waist opening. Serge elastic to the lining side for each opening at 5% reduction (using either an elasticator attachment/metering device or by quartering). Turn the fabric side to the outside, fold under the elastic and top stitch with a zig zag or cover stitch.

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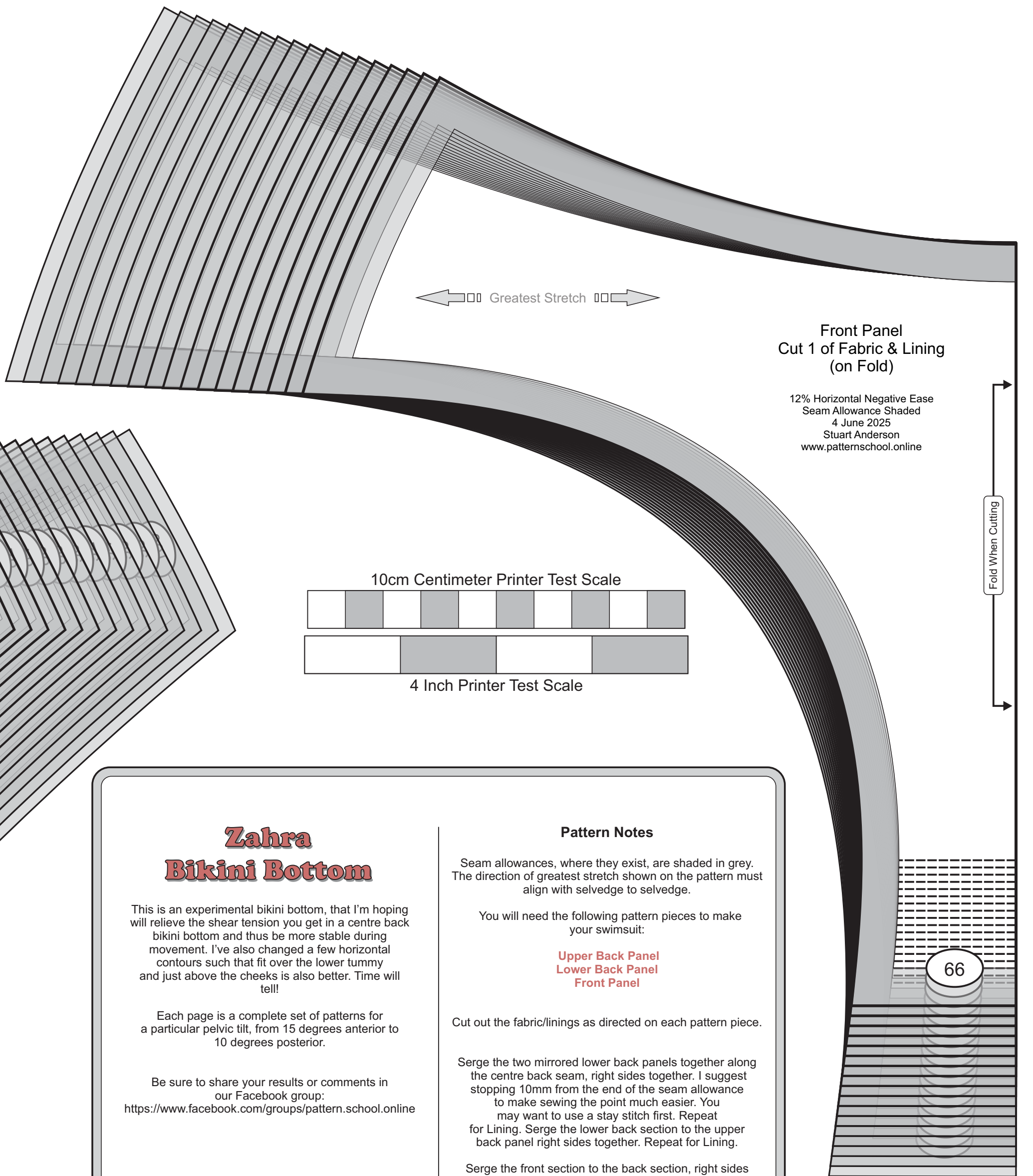
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
Hips	85	87	89	91	93	95	97	99	101	103.2	105.5	107.8	110	112.3	114.5	116.8	119	121.3
Waist-Hips	22.8	23.1	23.4	23.6	23.9	24.2	24.5	24.7	25	25.3	25.6	25.8	26.1	26.4	26.7	26.9	27.2	27.5



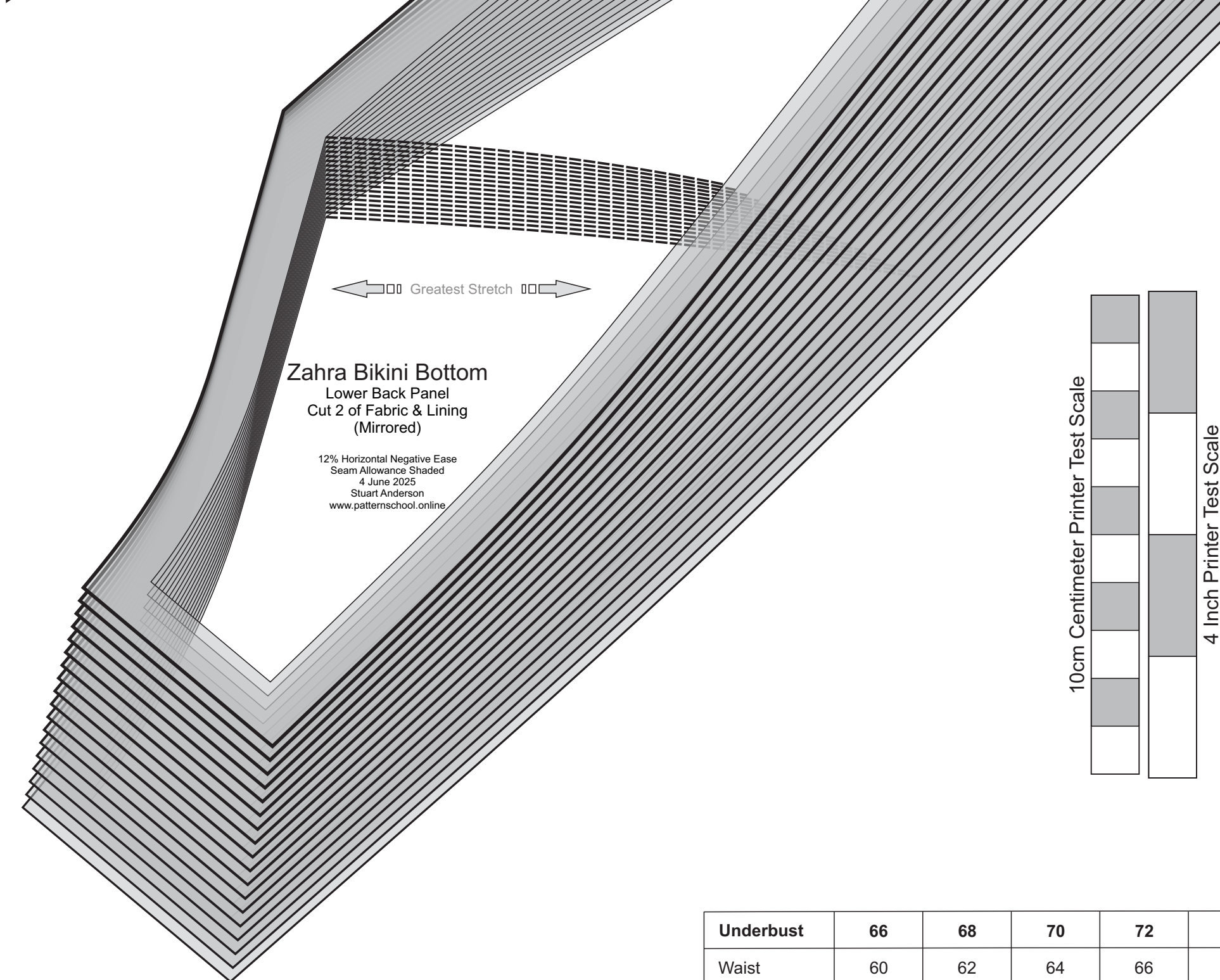
Zahra Bikini Bottom Upper Back Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



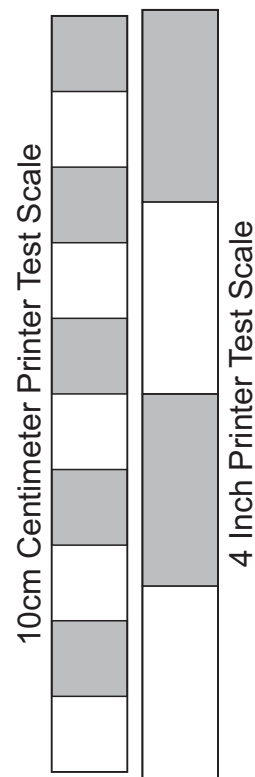
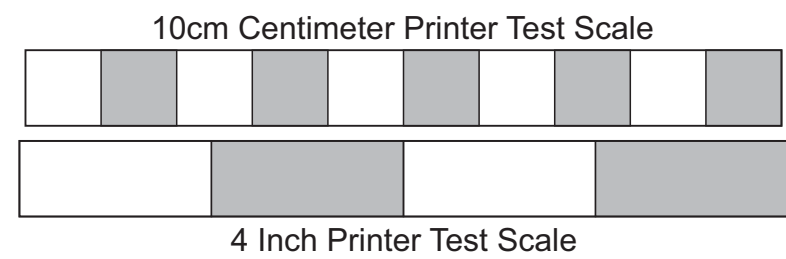
Front Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



Zahra Bikini Bottom Lower Back Panel Cut 2 of Fabric & Lining (Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online

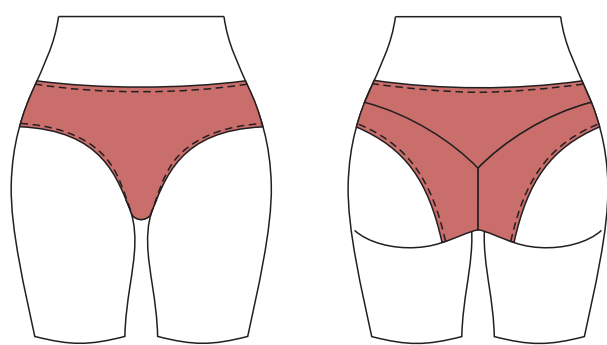


Zahra Bikini Bottom

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Pattern Notes

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You will need the following pattern pieces to make your swimsuit:

Upper Back Panel
Lower Back Panel
Front Panel

Cut out the fabric/linings as directed on each pattern piece.

Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

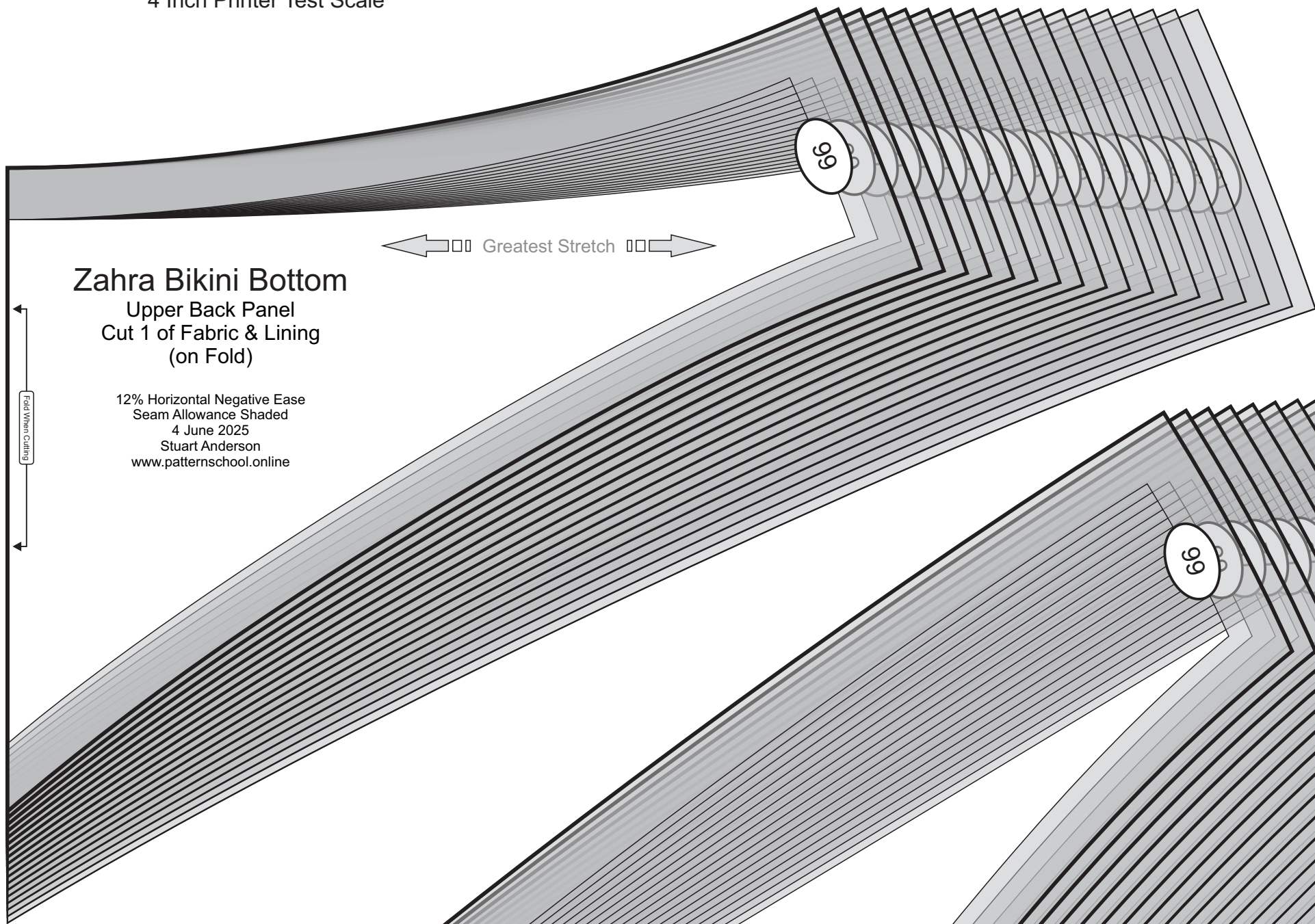
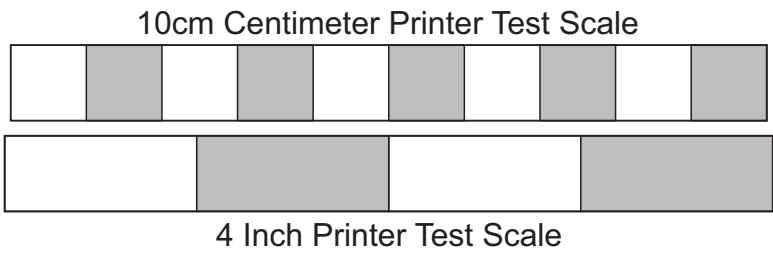
Serge the front section to the back section, right sides together, at the side seams and crotch seam. Repeat for lining.

Inset the outer fabric bikini assembly inside the lining assembly wrong sides together. Stay stitch the leg holes and waist opening. Serge elastic to the lining side for each opening at 5% reduction (using either an elasticator attachment/metering device or by quartering). Turn the fabric side to the outside, fold under the elastic and top stitch with a zig zag or cover stitch.

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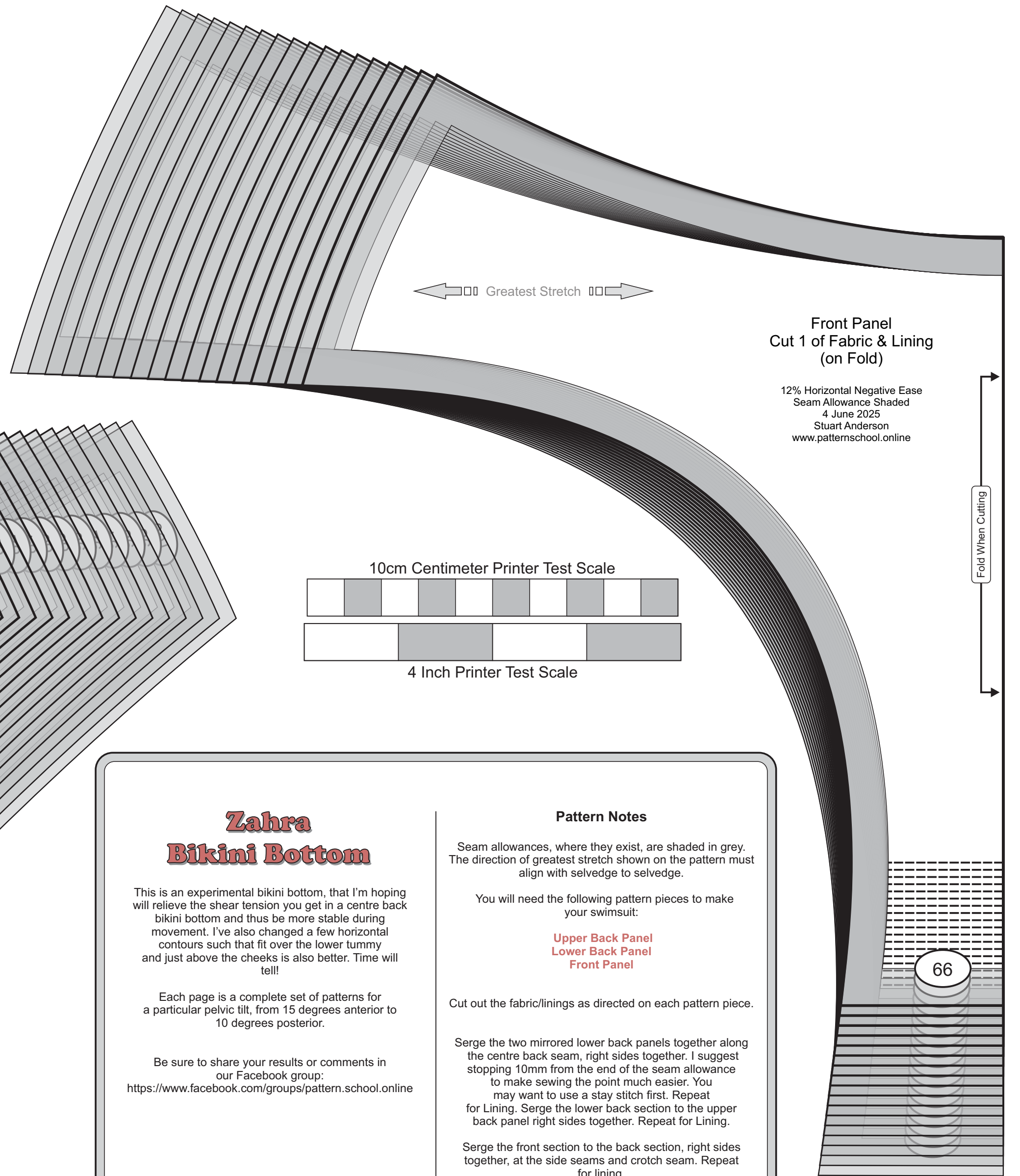
Measurements are in Centimetres

Underbust	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100
Waist	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94
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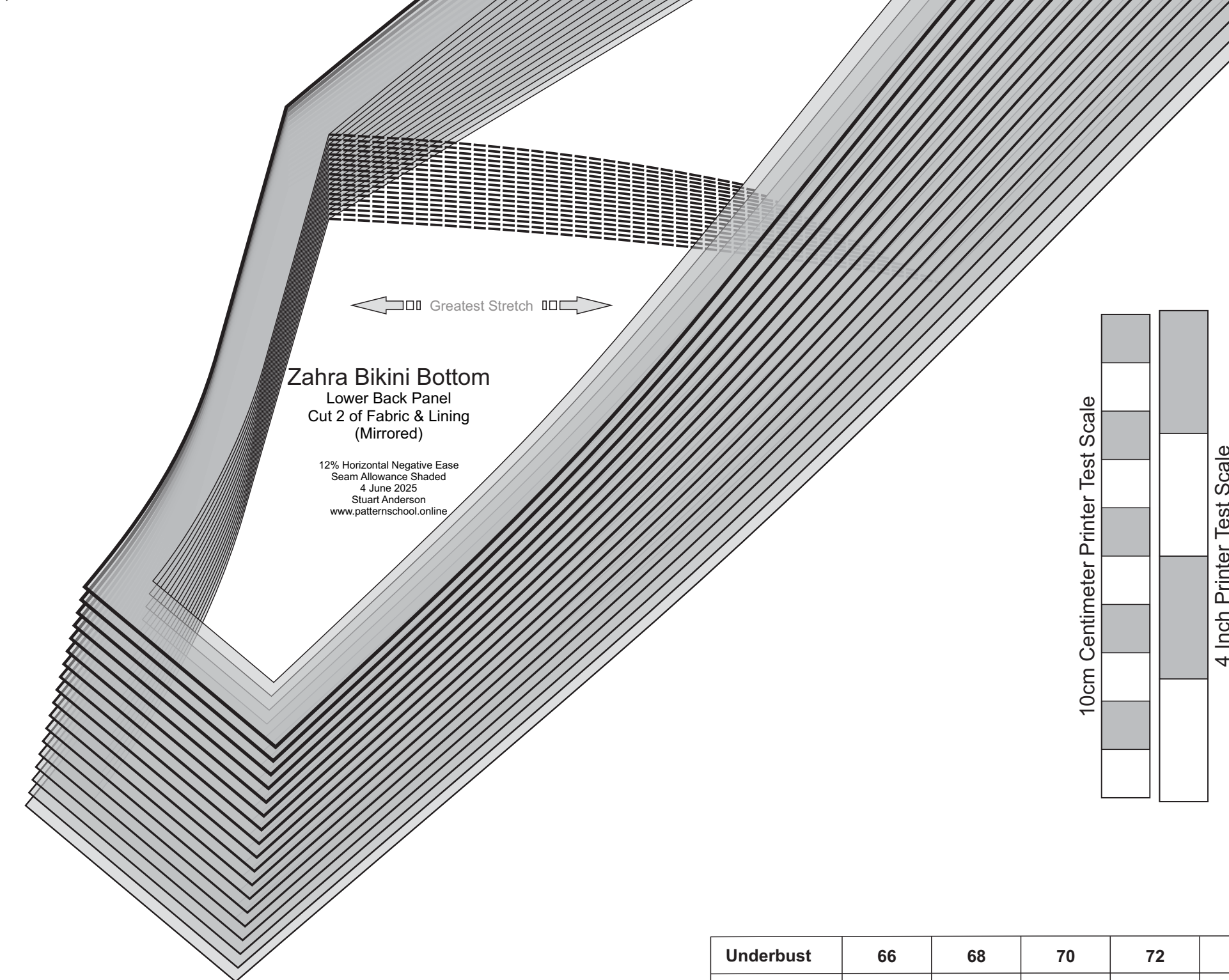
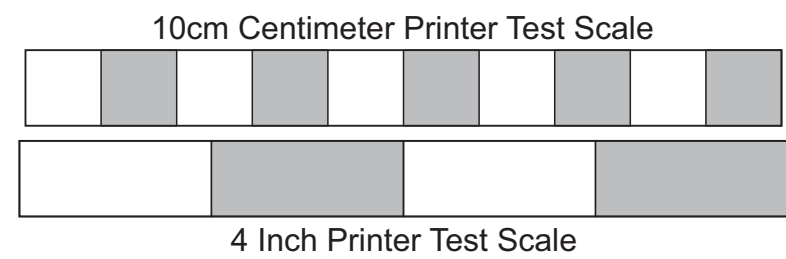
Zahra Bikini Bottom Upper Back Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



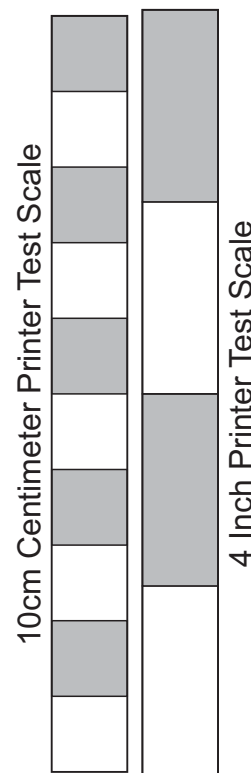
Front Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



Zahra Bikini Bottom Lower Back Panel Cut 2 of Fabric & Lining (Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online

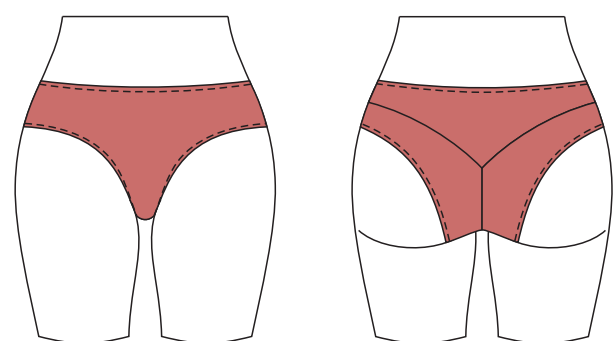


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Pattern Notes

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Upper Back Panel
Lower Back Panel
Front Panel

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Serge the two mirrored lower back panels together along the centre back seam, right sides together. I suggest stopping 10mm from the end of the seam allowance to make sewing the point much easier. You may want to use a stay stitch first. Repeat for Lining. Serge the lower back section to the upper back panel right sides together. Repeat for Lining.

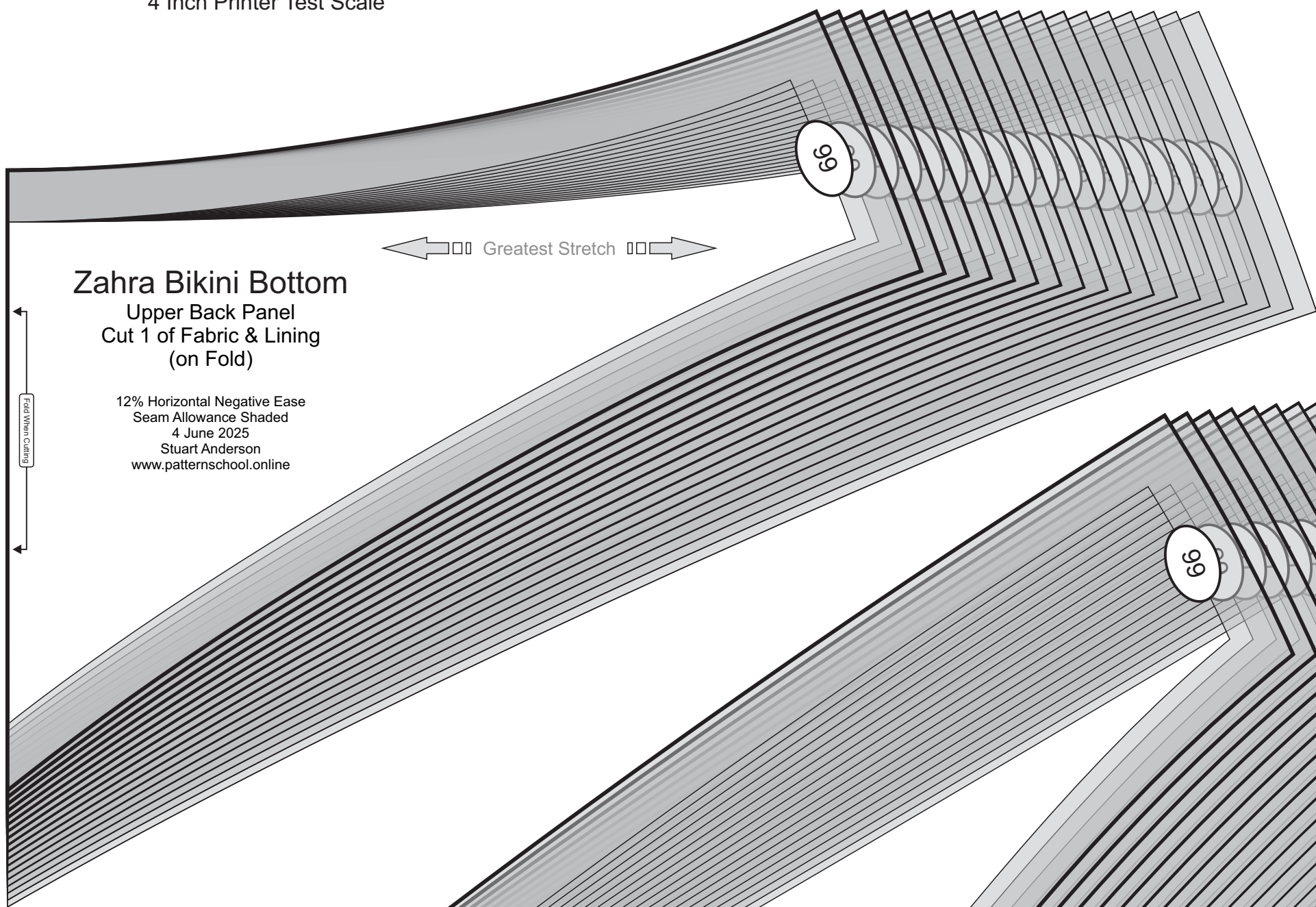
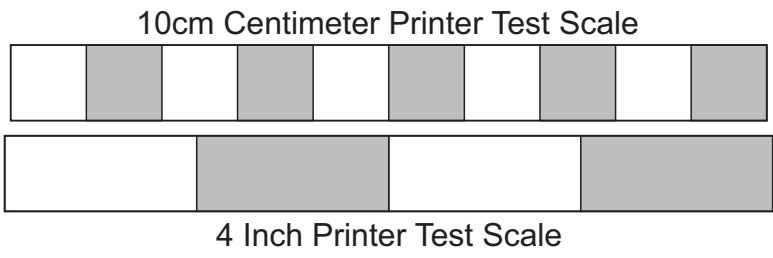
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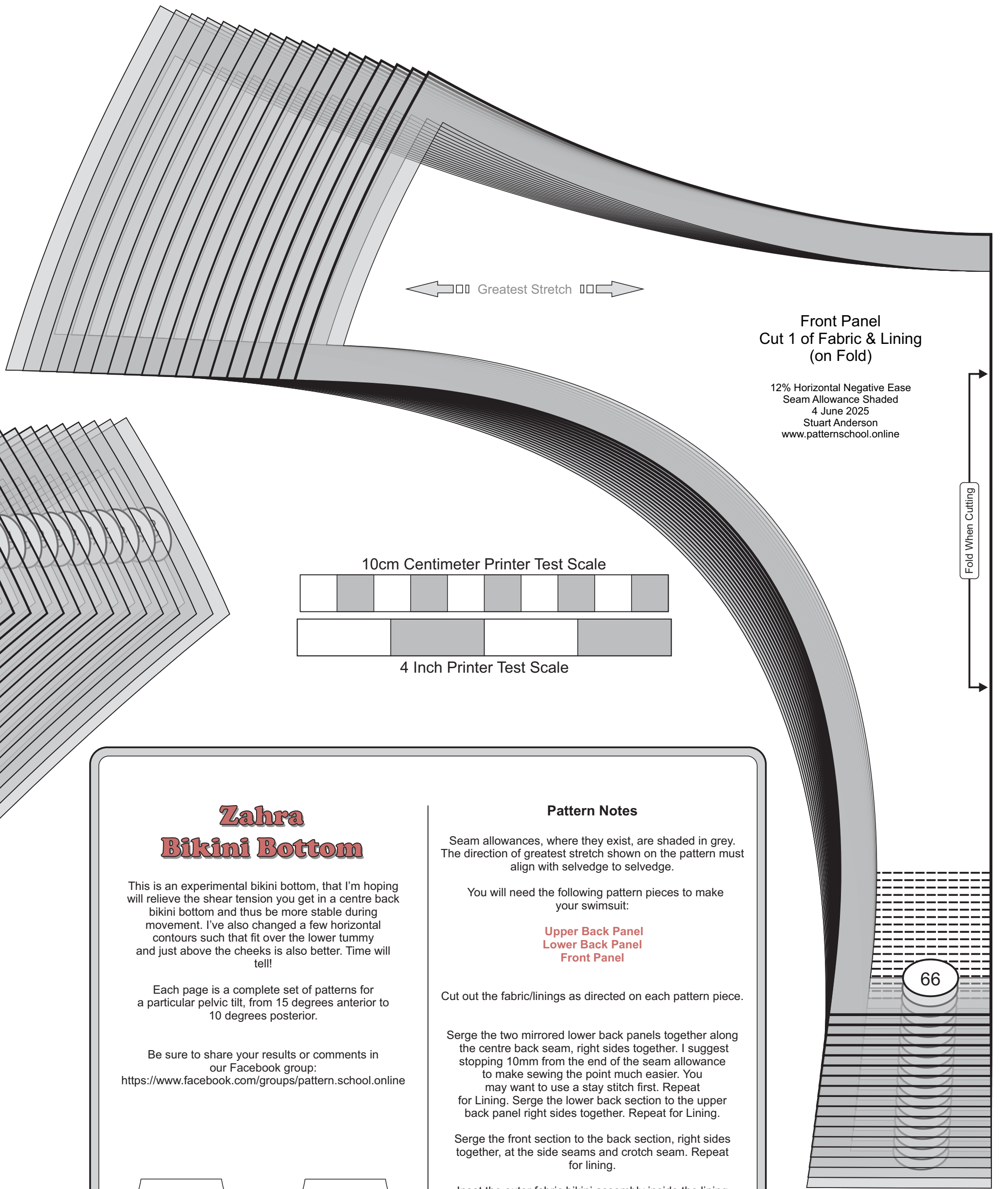
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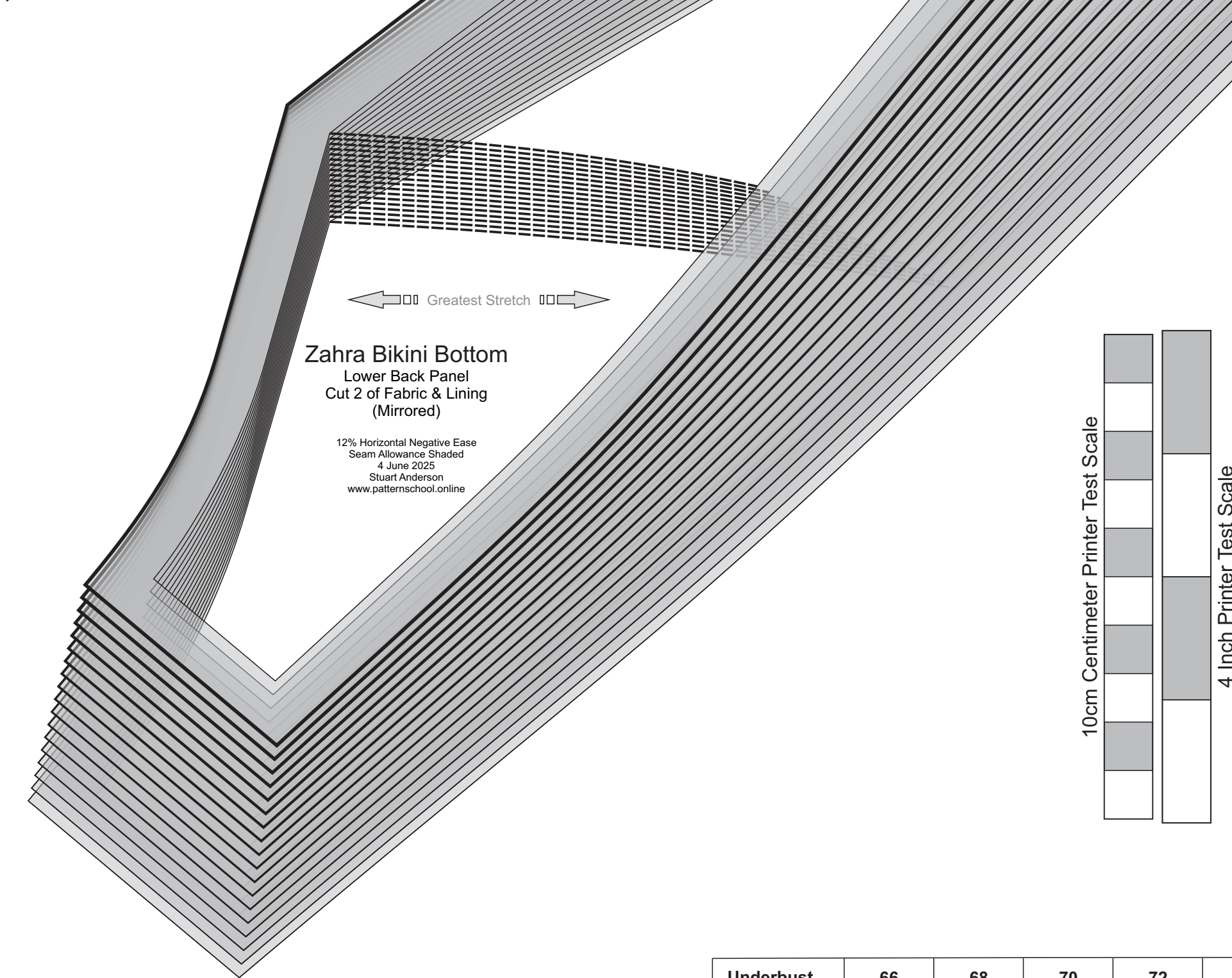
Zahra Bikini Bottom Upper Back Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



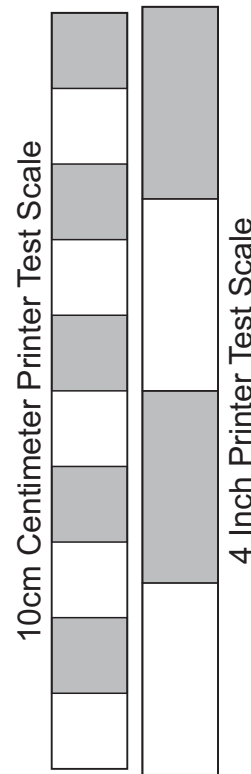
Front Panel Cut 1 of Fabric & Lining (on Fold)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online



Zahra Bikini Bottom Lower Back Panel Cut 2 of Fabric & Lining (Mirrored)

12% Horizontal Negative Ease
Seam Allowance Shaded
4 June 2025
Stuart Anderson
www.patternschool.online

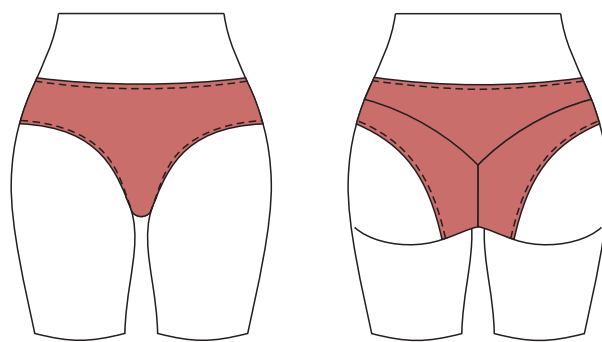


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